

10th Annual Colorado Culture of Health Conference

2017 | Colorado Culture of Health™

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April 12, 2017 | Colorado Convention Center, Downtown Denver

This premier conference is designed for employers, wellness managers and other health professionals who work to improve all facets of employee health. Learn about behavioral health integration, evidence-based wellness programs, economics of wellness, and the building blocks needed for a successful work culture that promotes total worker health.

Keynote Speakers



L. Casey Chosewood, MD, MPH

Director, Office for Total Worker Health
National Institute for Occupational Safety and Health
Centers for Disease Control and Prevention



Jandel Allen-Davis, MD

Vice President, Government, External Relations and Research
Kaiser Permanente Colorado



Donna Lynne, PhD

Lieutenant Governor
State of Colorado

Conference Organizers:



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Breakout Sessions

The Recipe for Cutting Healthcare Costs is Out There: What Are We Waiting For?

Julia Hutchins, MPP, MPH, Chief Operating Officer, Airstream Health
Cheryl Kellond, MBA, Chief Executive Officer, Airstream Health

What's Trending in the Workplace: LIFE!!!

Rachel Kodanaz, National Speaker, Author, and Consultant, Principal, Embracing Life's Challenges

Building an Effective Mindfulness Program Within an Employer Environment

Robyn Harmon, MSPH, Director of Client Development and Acquisition

Moment Health, Optum a division of UnitedHealth Group

Paul Deger, MA, LPC, LPT

Mindfulness Facilitator and Product Manager, Moment Health,

Optum a division of UnitedHealth Group

Nate Sassano, MS, Stateside Wellness Coordinator, State of Colorado

Eliminating Mental Health Stigma in Support of a Healthier Workplace

Marla Zeiderman, PsyD, Clinical Psychologist, Behavioral Medicine Specialist
Kaiser Permanente Colorado

Nurse Care Coaching at the Employer Site

Stephanie Grant, RN, WCC, Nurse Care Coach

Jerri Mason, BSN, RN, CHC, Nurse Care Coach

Carla Keahey, MSN, RN, ACNS-BC, Nurse Care Coach, Boulder Valley Care Network

Jennifer Dailey, President, Hawkview Partners

Vicki Mair, MBA, Benefits Specialist, St. Vrain Valley School District

Jeanne Thrower Aguilar, MA, SPHR, SHRM-SCP, Director of Benefits, Boulder Valley School District

Completing the Whole of Health: Redesigning Health Benefits and Healthcare to Better Integrate Mental Health

Benjamin Miller, PsyD, Director

Eugene S. Farley Jr. Health Policy Center, Department of Family Medicine

Associate Professor, University of Colorado School of Medicine

Andrew Romanoff, President, Mental Health Colorado

Healthier Food Environments for a Healthier Workforce:

What is the Role of a Local Municipality?

Mondi Mason, PhD, MPH, Policy Program Administrator

City and County of Denver, Department of Environmental Health

Lizzie Schoon, MPA, Wellness Program Coordinator, City and County of Denver

Dody Erickson, Director of Special Projects, City and County of Denver, Denver Parks & Recreation

Matt Jackson, Healthy Food and Beverage Policy Specialist, Tri-County Health Department

The Employee Wellness Dance: Marrying the "Art of Behavior Change" with the "Business of Outcomes"

Brad Cooper, MSPT, MBA, ATC, CWC
CEO

Suzanna Cooper, MA, LPCC, MS, OTR/L-CWC, Chief Learning Officer, US Corporate Wellness, Inc.

Small Scale But Big Returns

Whitney Oftedahl, BS, ACSM-CPT, CWP, Account Manager, Healthbreak, Inc.

Julie Roeder, MA, Human Resources and Risk Management Director, City of Evans, Colorado

How Local Business Networks are Connecting the Dots on Wellness

Jennifer Tellis, MPH, Worksite Wellness Specialist, Tri-County Health Department

Mitzi Schindler, Communications Director, Aurora Chamber of Commerce

Deborah Hoefler, Director of Financial Aid and Advising Work Life Balance Coordinator,

Community College of Aurora

Cheri Prochazka, Vice President Human Resources, Fitzsimons Credit Union

Work, Life Integration: Family-Friendly Employers in Colorado

David Shapiro, Business Relations Manager, Executives Partnering to Invest in Children (EPIC)
Giorgianna Venetis, MPA, Nurturing Families & Communities, Essentials for Childhood Project,
Colorado Department of Public Health & Environment

Brett Dolan, MBA, Director, Human Resources, PCL Construction

Dawn Gustafson, Human Resources Manager, Anton Collins Mitchell LLP

Lifestyle Medicine: A Comprehensive Approach to Employee Wellness

Tawny Espinoza, MBA, CHWC, Vice President, Business Development

Community Hospital, Grand Junction

Sheila Naski, BS, Risk Manager, Mesa County Valley School District 51

Do You Need a Mental Health Policy? Hint: To Enhance Total Wellness Culture and Legal Compliance... Yes!

Mary McClatchey, JD, President, WorkSmart Partners

Daniél Kimlinger, PhD, MHA, SPHR, SHRM-SCP, CEO & Partner, Mines & Associates

Robert Mines, PhD, Chair and Psychologist, Mines & Associates

The Painful Truth: Impact of the Opioid Epidemic in the Workplace

Robert J. Valuck, PhD, RPh

Professor, Dept. of Clinical Pharmacy, Skaggs School of Pharmacy and Pharmaceutical
Sciences University of Colorado

Rick May, MD

Chief Medical Officer, RxAssurance

Employee Engagement: Your Company's Bottom Line

Kelley Dawkins, CEO and Owner, Imaginal Transformations

Sonja Baro, Vice President, Mountain Region, American Diabetes Association

Creating a Culture of Wellbeing with Mindfulness

Cheryl Jones, MS, Director of Mindfulness, Aetna

Sharing the Priority to Influence a Culture of Wellbeing in the Workplace and the Community

Lizzie Schoon, MPA, Wellness Program Coordinator, City and County of Denver

Julie Casper, Wellness Program Manager, University of Denver

Molly Maley, Wellness Coordinator, Cheyenne Regional Medical Center

Karra Sabol, MPH, Employee Wellness & Benefits Coordinator, Aspen Valley Hospital

Amy Behrhorst, PA-C, MHP, Employee Health, Aspen Valley Hospital

Enliven Your Wellness Program with Levity, Fun, and Fresh Information and Watch Engagement Increase!

Lisa McDonald, Lead Advisor, Health Links Colorado

Rosalyn Reese, Director of Diversity and Inclusion, Alzheimer's Association of Colorado

Deborah Hoefler, Director of Financial Aid and Advising, Work Life Balance Coordinator
Community College of Aurora

Bringing a Holistic Approach to Wellness and Its Implementation

Elizabeth Rhoads, Benefits Manager, Compassion International

Louis Gallucci, GBDS, Partner and Vice President of Marketing, Enterprise Risk Strategies, LLC

Low Cost Investment, Great Return

Tammy Dickerson, Healthy Lifestyle Coach- Diabetes Prevention Program (DPP)

YMCA of Metro Denver

Caitlin Stackpool, Diabetes Prevention Program Coordinator, YMCA of Metro Denver

Donna Nelson, Sales Counselor, Holly Creek-Christian Living Communities

Cathy Zirkelbach, MSN, RN, NCSN, School Health Nurse, Edna and John W. Mosley P-8 School, Aurora

Continuing Education

This program has been submitted to the HR Certification Institute (HRCI) for review.

This program has been submitted to SHRM for professional development credits (PDCs) toward SHRM-CP and SHRM-SCP.

Nurse contact hours will be provided.

2017 Registration Fees:

	Members of CBGH or MSE C	Non-Members of CBGH or MSE C
Up to April 11, 2017	\$199 per person or \$189 per person for three or more attendees from the same company	\$219 per person or \$209 per person for three or more attendees from the same company
Day of Conference	\$209.00	\$239.00