



Welcome to the 2018

# COLORADO PBM SYMPOSIUM

**Metro Denver Chamber of Commerce**

# Today's Agenda

- **Welcome and Trends**

*Bob Smith, MBA, Executive Director, CBGH and Michael Ell, MBA, Macct, FACHE, Director, Business Development, Employers Health*

- **PBM 101**

*Michael Stull, MBA, Chief Marketing Officer, Employers Health*

- **Evaluating PBM Contracts**

*Rebecca Lich, PharmD, MBA, Sr. VP & Pharmacy Practice Leader Lockton Companies, LLC*

- **Specialty Pharmacy under PBM & Medical**

*Mary Elizabeth (Libby) Meske, B.Sci.Pharm,RPh, Regional Account Executive, OptumRx*

- **Panel, Questions, and Discussion**

*Speakers and additional panel members Melissa Johnson, Benefits Manager, Poudre School District & Josh Pedrozo, Director, Account Management, Employers Health*

Prescription Drug Spending  
in the U.S. Health Care System

An Actuarial Perspective

MARCH 2018

## KEY POINTS

- Over the next decade, the Centers for Medicare and Medicaid Services projects that spending for retail prescription drugs will be the fastest-growing health care category and will consistently outpace that of other health care spending.
- Many strategies are being developed and tested, aiming at reducing prescription drug spend while maintaining or improving health outcomes.
- The important cost drivers of high prescription drug spending are increasing utilization, increasing average cost, and changes in drug mix.



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Curt Uzelle, Senior Health Fellow

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The focus of this issue brief is on prescription drug spending in the United States. The American Academy of Actuaries' Health Practice Council has undertaken a multiyear study of various components of the U.S. health financing system to help policymakers and the U.S. public better understand the challenges that are driving health spending growth and potential ways to address them.<sup>1</sup> Actuaries are uniquely qualified through rigorous education and experience to be experts in assessing the historical and future impact of factors and characteristics that impact levels of health care spending. The Academy's mission is to serve the American public and the U.S. actuarial profession.

Health care spending in the United States is high and continues to increase, as does the spending for prescription drugs in particular. In 2016, the U.S. spent \$3,337 billion, or 17.9 percent of the gross domestic product (GDP), on national health expenditures, of which \$329 billion was spent on prescription drugs.<sup>2</sup> In some years, prescription drug spending growth has far exceeded the growth in other medical spending, while in others it has fallen below other medical spending growth. Over the next decade, however, the Centers for Medicare and Medicaid Services (CMS) projects that spending for retail prescription drugs will be the fastest growth health category and will consistently outpace that of other health spending.<sup>3</sup> As a result, policymakers, providers, pharmacy benefit managers, and insurers are considering options to slow prescription drug spending increases that affect health plans, consumers, and businesses. This issue brief will focus on retail prescription drugs, and not on drugs administered by physicians or in an outpatient hospital setting due to the unique characteristics associated with drugs administered in those settings.

# Key Points

1. Spending for retail prescription drugs will be **the fastest-growing health care category** and will consistently outpace that of other health care spending.
2. Drivers of high prescription drug spending are increasing **utilization**, increasing **average cost**, and changes in **drug mix**.
3. **Many strategies** are being developed and tested.

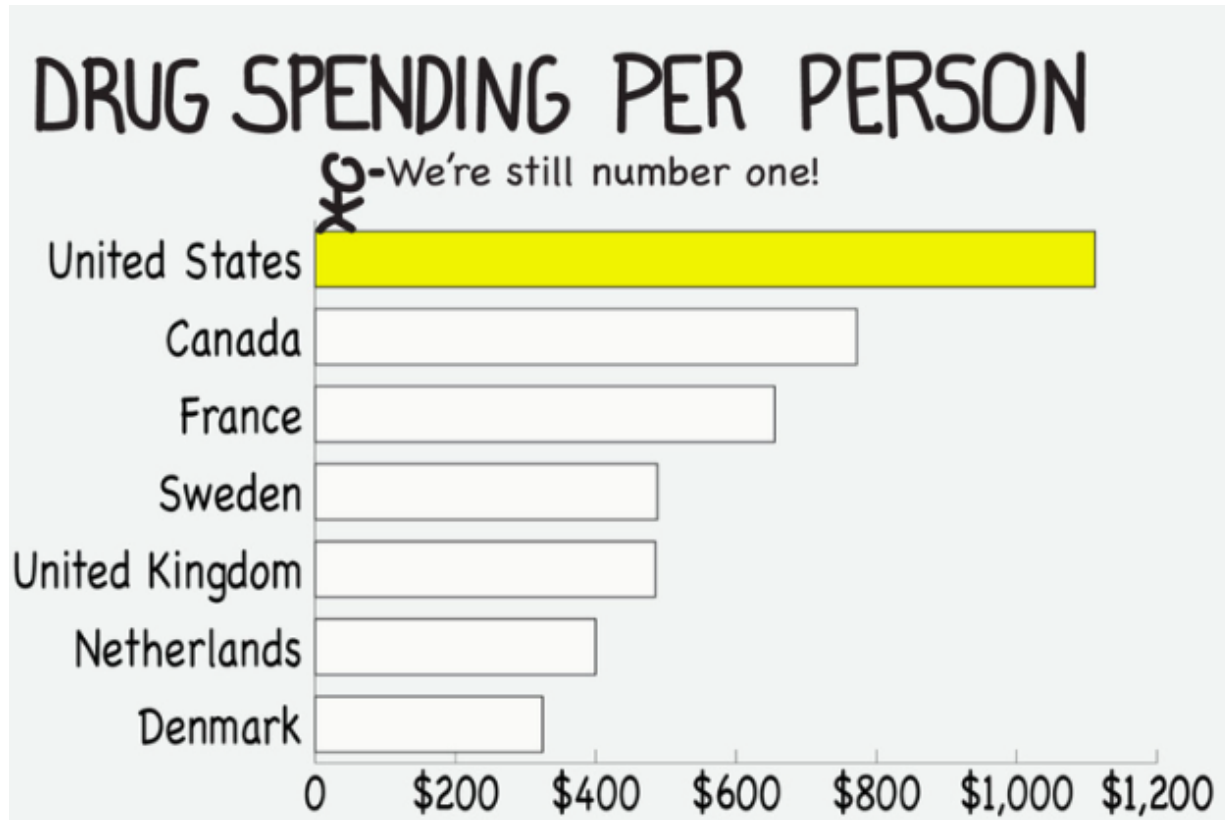
<sup>1</sup> American Academy of Actuaries, "Controlling Health Care Spending Growth" Accessed at [actuary.org/controlling-health-care-spending-growth/](http://actuary.org/controlling-health-care-spending-growth/)

<sup>2</sup> Micah Hartman et al., "National Health Care Spending in 2016: Spending and Enrollment Growth Slow After Initial Coverage Expansion", *Health Affairs* 37(1): 150-160; January 2018. Note that the "retail prescription drugs" category excludes drugs purchased directly from physicians or hospitals (e.g., infusion drugs).

<sup>3</sup> Gigi Cudde et al., "National Health Expenditure Projections, 2017-2016", *Health Affairs* 37(3), March 2018.

A central dilemma in drug pricing policy:

# Should we trade off some innovation for some access?



## The true story of America's sky-high prescription drug prices

By [Sarah Kliff](mailto:sarah.kliff@vox.com)[sarah@vox.com](mailto:sarah.kliff@vox.com) Updated May 10, 2018, 9:19am EDT



# Colorado PBM Symposium

## Pharmacy Landscape

Libby Meske, B.Sci.Pharm.,RPh  
OptumRx Clinical Account Executive



## Today's Agenda:

- Benefits
- Specialty Drugs
- Biosimilars
- Disease States of Interest
- Pipeline
- Specialty Management Strategies

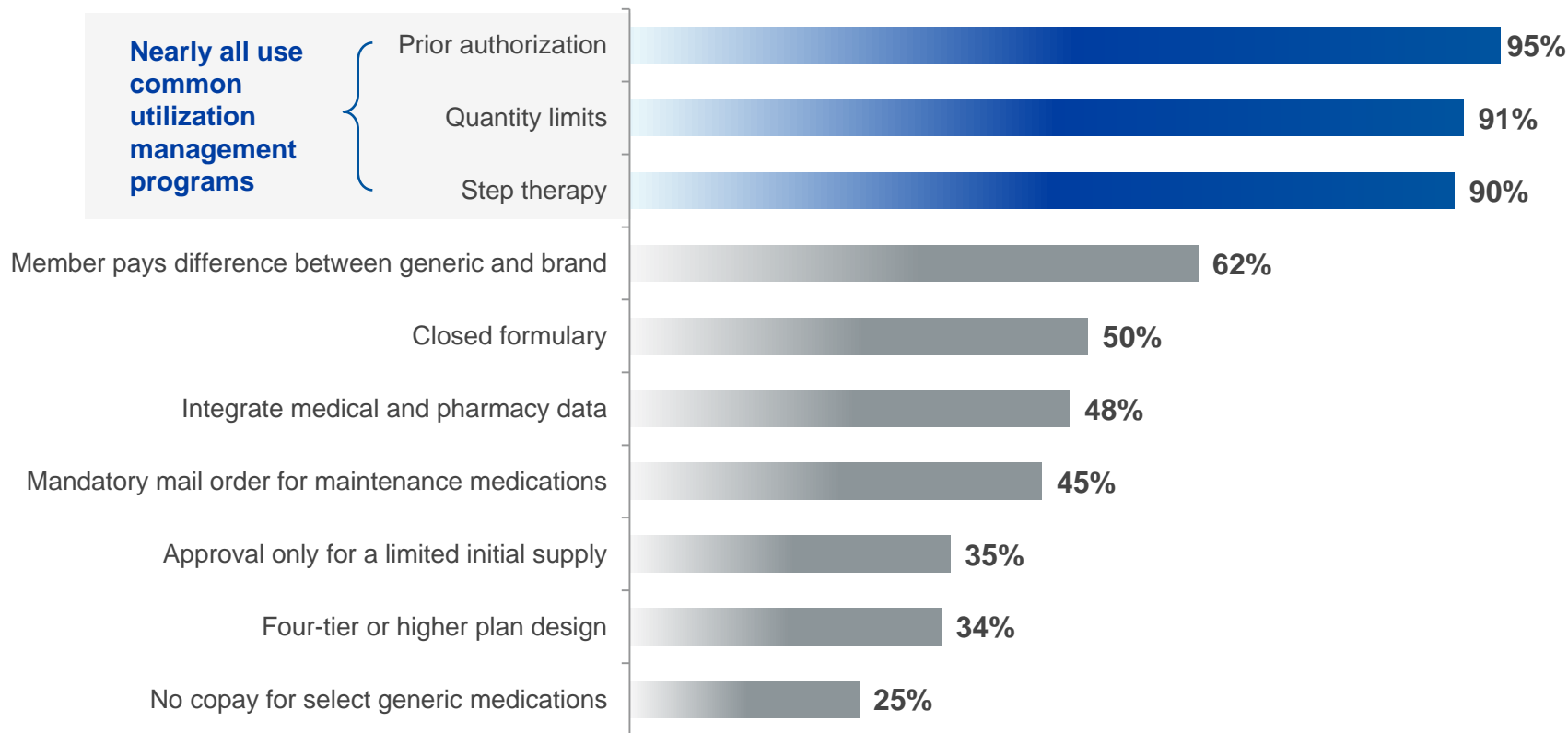


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# Benefits

## Employers Taking Action on Pharmacy

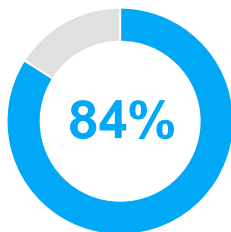
**68%** of employers say pharmacy management techniques are the most effective tactics to control cost<sup>1</sup>



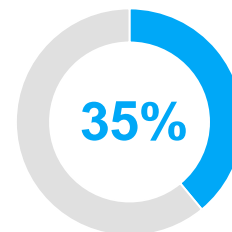
## Employer Action

### Consumer-driven health plan enrollment grows

**Main reasons consumers enroll in CDHP<sup>1</sup>:**

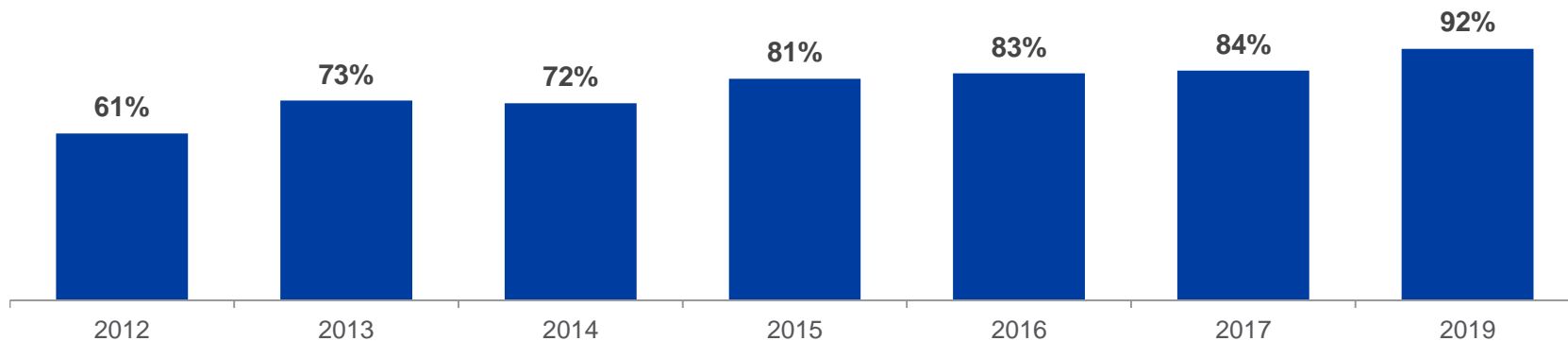


Employers that will offer a CDHP in 2017



Employers that will offer only CDHPs to employees in 2017

### Large Employer Adoption of Consumer Driven Health Plans Nears Universal Use<sup>1, 2, 3</sup>



National Business Group on Health Orgs.

1. Based on annual survey by the National Business Group on Health, a non-profit association of 425 large employers Source:

2. Large employers' 2016 health plan design survey, NBGH, August 2015;

3. 1<sup>st</sup> Large Employer Health Benefit Survey Assesses 2017 Outlook, UBS Evidence Lab, Sep 2016;

## Narrow Pharmacy Networks Getting Attention

### Narrow pharmacy networks

encourage or require members to use designated pharmacies or channels by offering cost savings or restrictions.

Restricting pharmacy networks while still maintaining adequate access to care and positive relationships with providers is a cost saving strategy gaining traction in the marketplace.



In 2014, **46%** of employers offered a preferred retail pharmacy network and **14%** have a limited network.<sup>1</sup>



OptumRx has a wide range of network options available that can save clients between **2% - 5%** pharmacy plan spend.

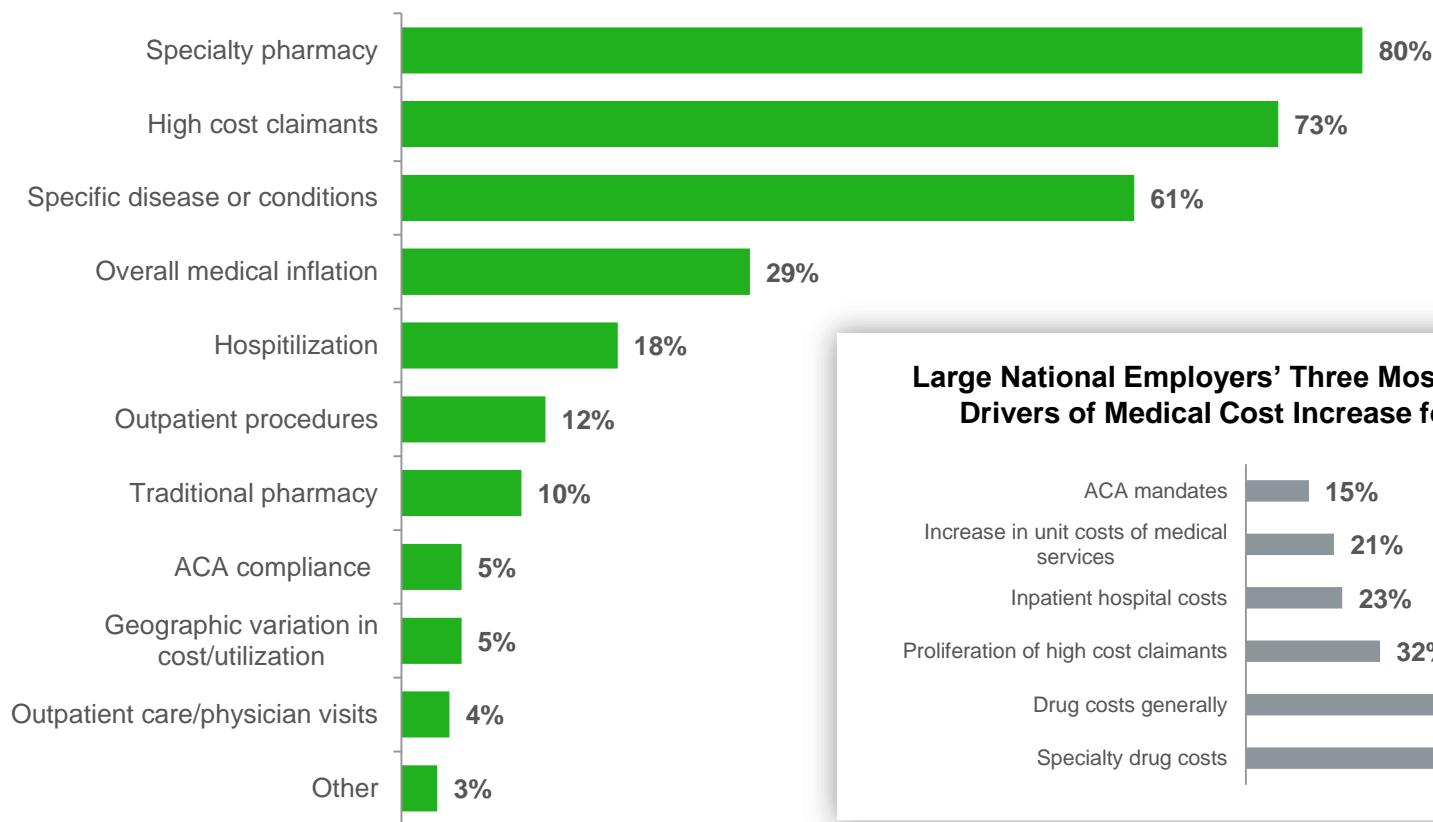
### There are two main types of narrow networks:

Preferred or limited models. A limited network is more restrictive than a preferred network and allows payers greater control over prescription fulfillment (ex. mandatory mail).

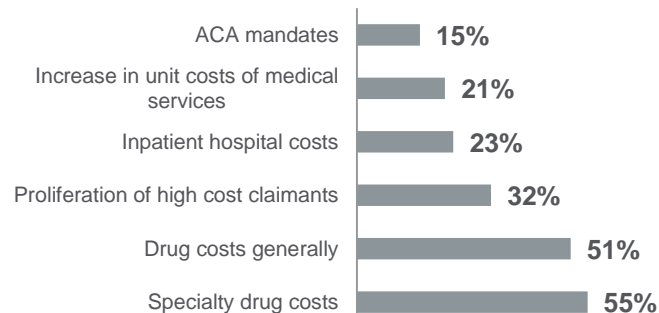
# Rising Health Care Costs

## Employers' Top Drivers of Rising Health Care Costs<sup>1</sup>

% indicating driver as one of their top three



### Large National Employers' Three Most Important Drivers of Medical Cost Increase for 2017<sup>2</sup>



1. Large Employers' 2017 Health Plan Survey, NBGH, Aug 2016;

2. 1<sup>st</sup> Large Employer Health Benefit Survey Assesses 2017 Outlook, UBS Evidence Lab, Sep 2016;



# Specialty Pharmacy

## Traditional vs. Biologics

**Traditional drugs** are produced as chemicals.

Precise duplication is possible once the active ingredients have been identified.<sup>1</sup>

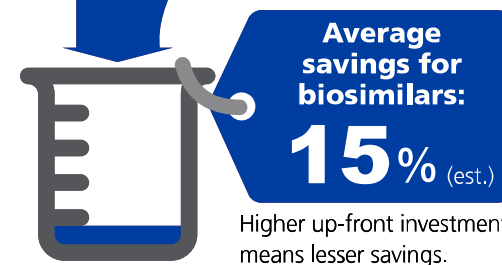
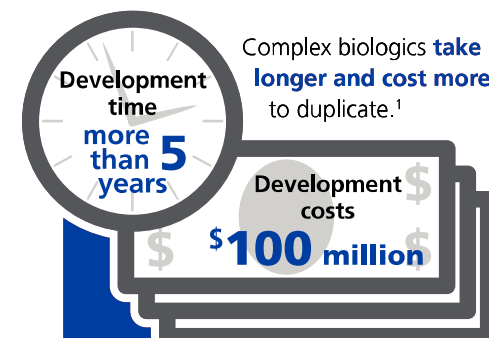
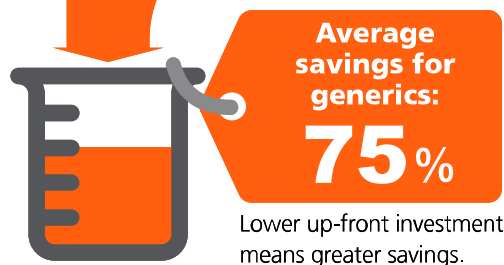
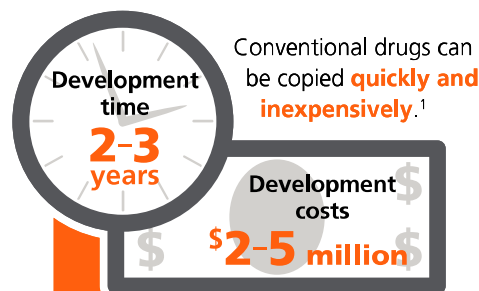
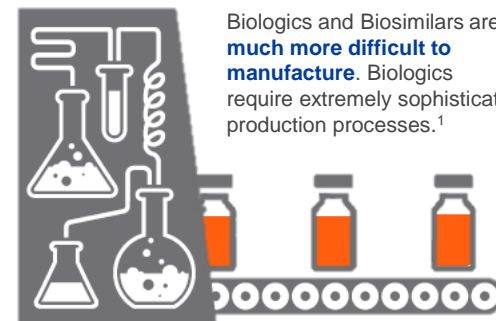
**Biologic drugs** are derived from living organisms.

Tiny variations in the manufacturing process can affect the finished medication.

Conventional drugs can be simply **mass-produced**.<sup>1</sup>

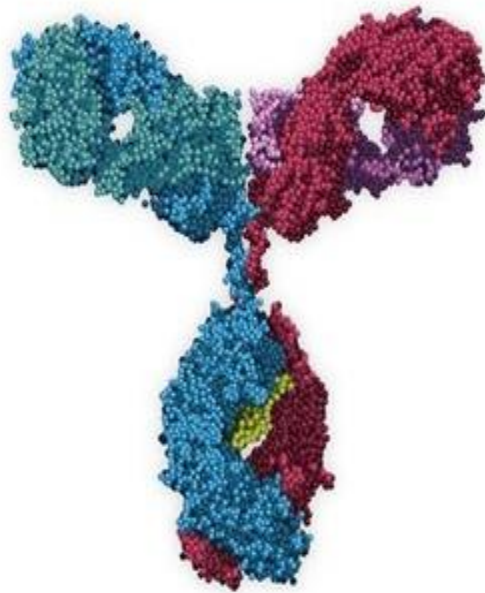


Biologics and Biosimilars are **much more difficult to manufacture**. Biologics require extremely sophisticated production processes.<sup>1</sup>



## Traditional vs. Biologics

Biologic



Herceptin (breast cancer)  
molecular weight = 185,000 daltons

Traditional Drug



Lipitor (hypercholesterolemia)  
molecular weight = 559 daltons

# Tackling specialty medications

## THE BASIC DIFFERENCES



### Traditional

is used for general health and chronic conditions.



### Specialty

is used for complex, rare diseases.

## Only 1-2% of members

have medical conditions that require the use of high-cost specialty medications.

These members often need intensive, ongoing care coordination, support and intervention.



### Oral

Pharmacy Benefit



### Self-Injectable

Pharmacy Benefit



### Infused

Medical & Pharmacy Benefit

# Biosimilars

## Biosimilars Overview

**Biosimilars will provide less expensive versions of branded biologic drugs** in the same way generic drugs do for branded traditional drugs.



**27** biosimilar clinical trials underway in the U.S.<sup>3</sup>



**737** medications moving through various pipelines<sup>4</sup>

### TRADITIONAL MEDICATIONS

- Easily replicated and mass-produced
- FDA approval process ~50 simple tests<sup>2</sup>
- Chemicals can be copied quickly and inexpensively

**2-3 years**

Development time

**\$2-5 million**

Development costs

### BIOLOGIC MEDICATIONS

- Made in living cells = identical copies impossible
- FDA approval requires ~250 complex tests<sup>2</sup>
- Complex: Take longer and cost more to duplicate

**>5 years**

Development time

**\$100 million**

Development costs

**15%** expected average savings<sup>1</sup> with biosimilars vs. **80%** with typical generics.

1. Ventola CL. Evaluation of Biosimilars for Formulary Inclusion: Factors for Consideration by P&T Committees. P T. 2015 Oct;  
2. Buildingciologics.com. Manufacturing Matters with Biological Medicines: How Are Biological Medicines Different from Other Medications? 2013  
3. Thomson Reuters: Cortellis online database. 2016;  
4. Biosimilarspipeline.com. Biosimilars/Biobetters Pipeline Database – Top Level Data (3/8/2016).

# Biosimilar Barriers and Actions

## Barriers:

- Estimated \$175M cost to bring to market
- Bitter patent disputes
- Perverse reimbursement policies
- Lack of Interchangeability
- Part D Doughnut Hole issues for patients
- Lack of provider confidence
- Lack of patient experience
- Manufacturers are launching biosimilars with incomplete market strategies
- Branded products will be willing to fight on price to keep market share
- Exclusivity for a biosimilar requires a long term commitment by a PBM/Payer (transparency, trust, communication)

## Actions:

- OptumRx is making a substantial commitment to know and understand the abilities and competence of companies bringing biosimilars (Sandoz, Amgen, Pfizer) across what we call the biosimilar pillars for success:
  - Patients Support, Providers Support, Payer Strategy, Channel Strategy, Supply Strategy





## Upcoming Biosimilars

### BIGGEST POTENTIAL BIOLOGIC CURRENTLY IN DEVELOPMENT:

**Humira® is among the top drugs by total spend.<sup>1</sup>**

- A biosimilar version was approved in September 2016.
- Launch delayed due to patent litigation.



**Top spend medications anticipated to launch as a biosimilar.**

| Brand Name      | Therapeutic Use         | 2015 U.S. Sales* | Estimated Launch Date |
|-----------------|-------------------------|------------------|-----------------------|
| Remicade®†      | Inflammatory Conditions | \$4.5 B          | Late 11/2016          |
| Neulasta®       | Neutropenia             | \$3.9 B          | H1 2017+              |
| Epogen/Procrit® | Anemia                  | \$2.6 B          | H2 2017+              |
| Enbrel®‡        | Inflammatory Conditions | \$5.1 B          | H2 2017 or Q4 2018+   |
| Humira®         | Inflammatory Conditions | \$8.4 B          | Q2 2017+              |
| Rituxan®        | Cancer                  | \$3.9 B          | 2018+                 |
| Herceptin®      | Cancer                  | \$2.5 B          | 2019+                 |
| Avastin®        | Cancer                  | \$3.2 B          | 2019+                 |

† Biosimilar Remicade (Inflectra™) was approved on 4/5/2016.

‡ Biosimilar Enbrel (Erelzi™) was approved on 8/30/2016.

## Biosimilars

### Current State

Currently in the  
Marketplace

#### Zarxio

- **Biosimilar for Neupogen**
- Manufacturer: Sandoz
- Buy and Bill

#### Inflectra

- **Biosimilar for Remicade**
- Manufacturer: Pfizer
- Buy and Bill

Approved by  
FDA, but not in  
Marketplace

#### Erelzi

- **Biosimilar for Enbrel**
- Manufacturer: Sandoz
- Specialty Channel

#### Amjevita

- **Biosimilar for Humira**
- Manufacturer: Amgen
- Specialty Channel

## Dynamics impacting specialty trends



**Biotech Innovations**



**Drug Pipeline**



**Cost Implications**

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# Disease States of Interest

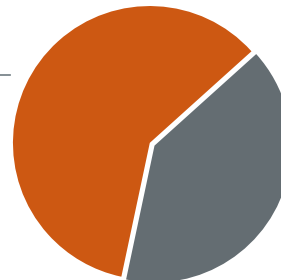
# Orphan Drugs

Orphan drugs (those that affect less than 200,000 people in the U.S.) treat unique and rare conditions and are often more costly than non-orphan drugs.



**12.6% Americans<sup>1</sup>**  
have condition where  
orphan drug would be used.

**60% of orphan drugs  
are specialty  
medications<sup>4</sup>**



**6% of total drug spend<sup>1</sup>**

## Average Annual Cost per Rx<sup>2</sup>

Generics  
**\$18**

Brands  
**\$182**

Specialty<sup>3</sup>  
**\$2,000**

**Orphan Drugs<sup>1</sup>**  
**\$18K**

1. Projected Future Trends in Specialty Pharmacy. First Report Now. Nov. 2013. Non-cancer drugs only. 2. Average cost per scrip based on average retail cost. 3. UnitedHealthcare average total cost per prescription based on legacy Fully Insured membership, 2012 4. U.S. Food and Drug Administration (FDA)

# Orphan Drugs

The focus on large disease populations as the biggest potential revenue streams is shifting to rare conditions where orphan drugs are used.

## 1983 Orphan Drug Act

- Manufacturer incentives to develop orphan drugs
- Faster approval process
- Longer market exclusivity



- **Less competition**
- **+5% growth rate over non-orphan drugs<sup>2</sup>**
- **42% of specialty pipeline<sup>1</sup>**

**Orphan drug market expected to hit \$127B by 2018**  
accounting for 16% of total prescription drug sales.<sup>3</sup>

Source: Regulators adopt more orphan drugs. NATURE. April 2014. 2. "The Economic Power of Orphan Drugs". Thomson Reuter. 2012. 3. 2013 Orphan Drug Report. EvaluatePharma.

# Inflammatory Conditions Overview

Inflammatory conditions occur when the body attacks healthy tissue and cells, causing excessive and painful inflammation. Conditions include Rheumatoid Arthritis, Crohn's Disease and Psoriasis.

**46 million**

Americans affected<sup>1</sup>

**46.13**

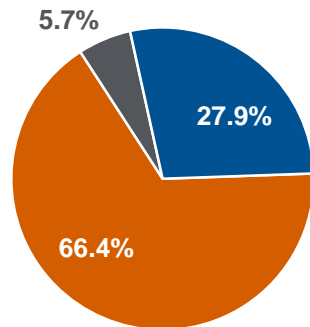
prevalence per  
10K lives

**\$41,700**

average annual cost  
of drug therapy<sup>2</sup>

**Long-term**

length of treatment



## INFLAMMATORY CONDITIONS

Total drug cost by benefit

- Pharmacy Only
- Medical + Pharmacy
- Medical Only

**37% Marketing Growth**  
expected in the next 10 years

**13% Savings**  
on drug costs due to our  
management strategies

**Top Category for Spend**  
in both the pharmacy (#1  
overall) and medical (#2  
overall) benefit

This list is subject to change.



1. Questions and Answers About and Rheumatic Diseases. National Institute of Arthritis and Musculoskeletal and Skin Diseases, Apr 2012. Web. 23 Jul 2014.

2. Approximate average AWP drug cost per patient per year for Legacy Fully Insured business – calendar year 2013.



# HIV Overview

HIV or human immunodeficiency virus (HIV) attacks the cells of the immune system so that it can't fight off infections and disease. Advanced stages of HIV can lead to acquired immunodeficiency syndrome (AIDS).

**1.1 million**

Americans affected<sup>1</sup>

**21.31**

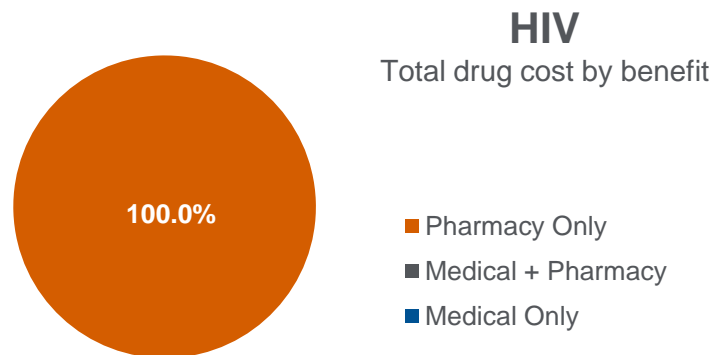
prevalence per  
10K lives

**\$17,100**

average annual cost  
of drug therapy<sup>2</sup>

**Long-term**

length of treatment



## Atripla

although it's the #1 HIV drug by spend, use is declining due to newer, more tolerable treatments

## Top 4 Category

for spend under the pharmacy benefit

## Additional Single Tablet

treatments are currently in the pipeline

This list is subject to change.



**Optimal  
Drug Tiering**



**Educational  
Support**



**Clinical  
Mgmt Program**



**Adherence  
Program**

1. <http://www.cdc.gov/hiv/basics/statistics.html> 2. Approximate average AWP drug cost per patient per year for Legacy Fully Insured business – calendar year 2013.

# Multiple Sclerosis (MS) Overview

Multiple Sclerosis is when the immune system attacks the protective sheath (myelin) of the nerves. This disrupts the flow of information within the brain, and between the brain and body.

**2.3 million**

affected worldwide<sup>1</sup>

**14.45**

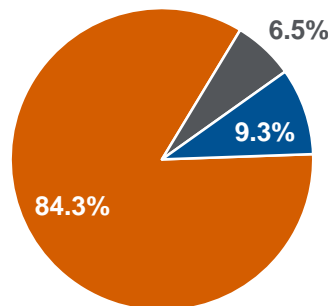
prevalence per  
10K lives

**\$60,300**

average annual cost  
of drug therapy<sup>2</sup>

**Long-term**

length of treatment



## MULTIPLE SCLEROSIS

Total drug cost by benefit

- Pharmacy Only
- Medical + Pharmacy
- Medical Only

### 12% Savings

on drug costs due to our management strategies

### Top Category for Spend

in both the medical (#2 overall) and pharmacy (#5 overall) benefit

### AWP – 17%

market-leading reimbursement rates through doctor office sourcing – “buy and bill”

This list is subject to change.



1. "FAQs about MS." National MS Society. National Multiple Sclerosis Society, n.d. Web. 22 Jan. 2014.

2. Approximate average AWP drug cost per patient per year for Legacy Fully Insured business – calendar year 2013.

## Aligned management strategies



**Pipeline  
Management**



**Specialty Management  
Strategies**



**Specialty Care  
Management**

# Pipeline

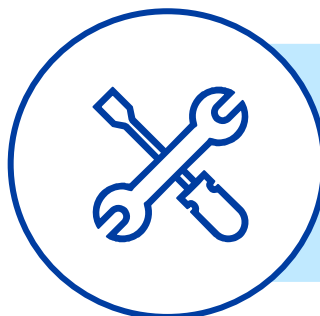
# Managing the specialty pipeline



Pharmacy and  
Medical Clinical  
Trial Data



Pipeline  
Forecast



Modeling



Clinical Assessment /  
PDL Management  
Strategies

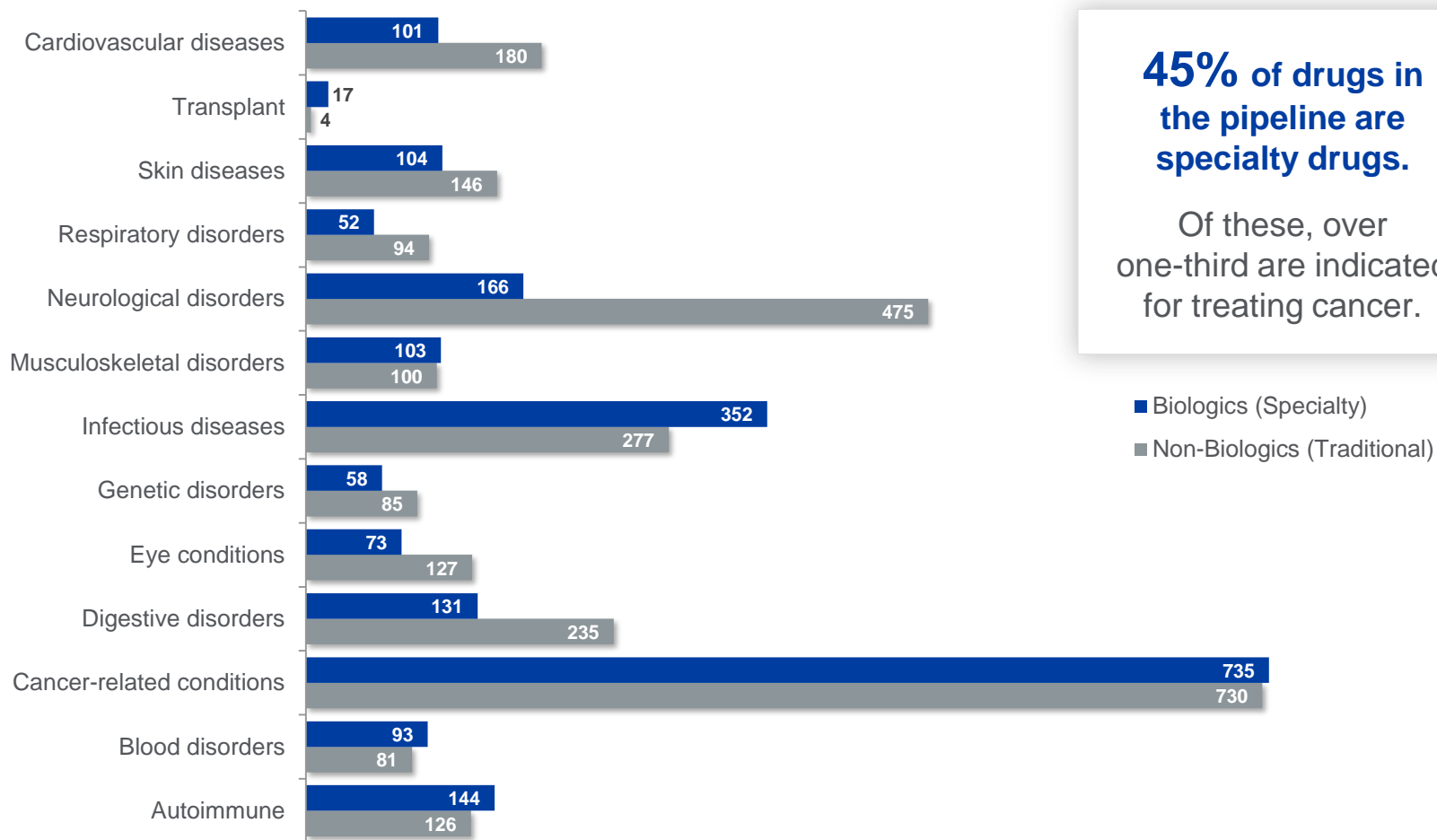


Drug  
Approval



Launch Strategy

## Specialty Market Projected Growth



# CGRP Antagonists

**CGRP** ► calcitonin gene-related peptide = amino acid that **transmits pain**

**CGRP Antagonists** ► **Preventive treatment** to block the CGRP transmitters.  
Will not replace acute treatment medications.



Subcutaneous injection



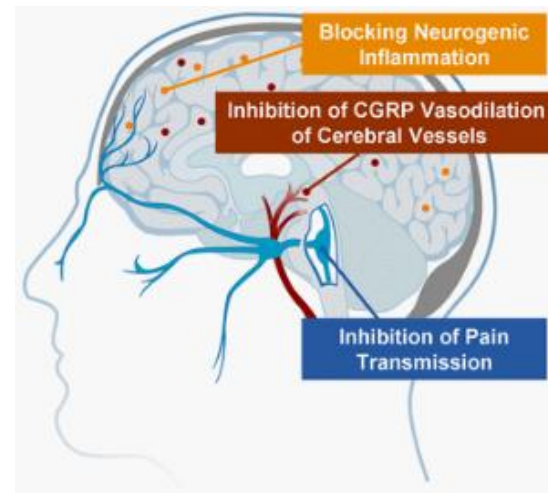
Monthly/quarterly dosing regimen



Clinical trials show a significant reduction in migraine days



~ \$8K - \$20K per patient per year





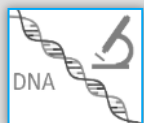
# Future Pipeline Management

## Cellular Therapy



**Cancer cells detected;**  
immune system doesn't  
view them as bad

Step 1



**Healthy T-cells** taken from  
cancer patient and  
reprogrammed

Step 2



Altered cells can  
now recognize and  
**destroy cancer cells**

Step 3



Altered cells  
**infused into patient**

Step 4

## Gene Therapy

**Healthy gene**  
prepared within a lab



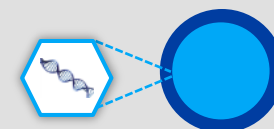
Gene commonly **inserted**  
**into an inactive virus**, which  
carries the gene into a cell



Healthy gene  
**injected into patient**



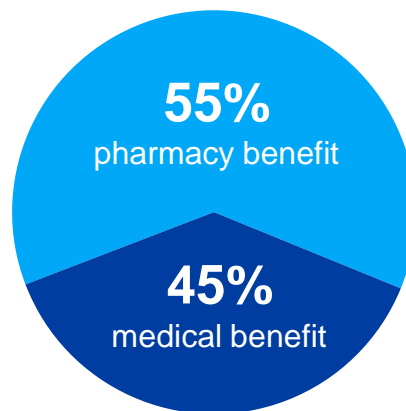
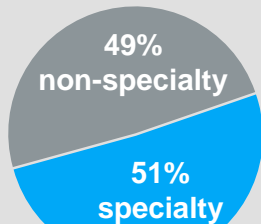
**Virus releases gene**  
into dysfunctional cell



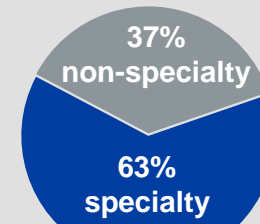
# Specialty Management Strategies

## Total Specialty Spend

### PHARMACY BENEFIT



### MEDICAL BENEFIT



### Pharmacy Benefit

- Administered by self at home and typically oral or injected
- Distributed by retail, mail or specialty pharmacy

#### Examples

- |   |  |
|---|--|
| • Tecfidera (MS - oral)                 | • Nutropin (GH Deficiency – self injected) |
| • Humira (Inflammatory – self injected) | • Tarceva (Oncology - oral)                |

### Medical Benefit

- Administered by a health care professional
- Administered in physician office, ambulatory infusion or home infusion or outpatient facility

#### Examples

- |                                     |   |
|-------------------------------------|---|
| • Lemtrada (MS - infused)           | • Gammagard (Immune globulin - infused) |
| • Remicade (Inflammatory - infused) | • Herceptin (Oncology- infused)         |

## Top 5 Specialty Classes with highest medical spend

81%

medical spend within 5 classes

1

### Oncology

Avastin  
Herceptin  
Opdivo  
Perjeta  
Rituxan

2

### Inflammatory Conditions

Actemra  
Entyvio  
Orencia  
Remicade

3

### Immune Globulin

Gammagard  
Gammaked  
Gamunex-C  
Hizentra  
Octagam  
Privigen

4

### Oncology Support

Aloxi  
Neulasta  
Xgeva

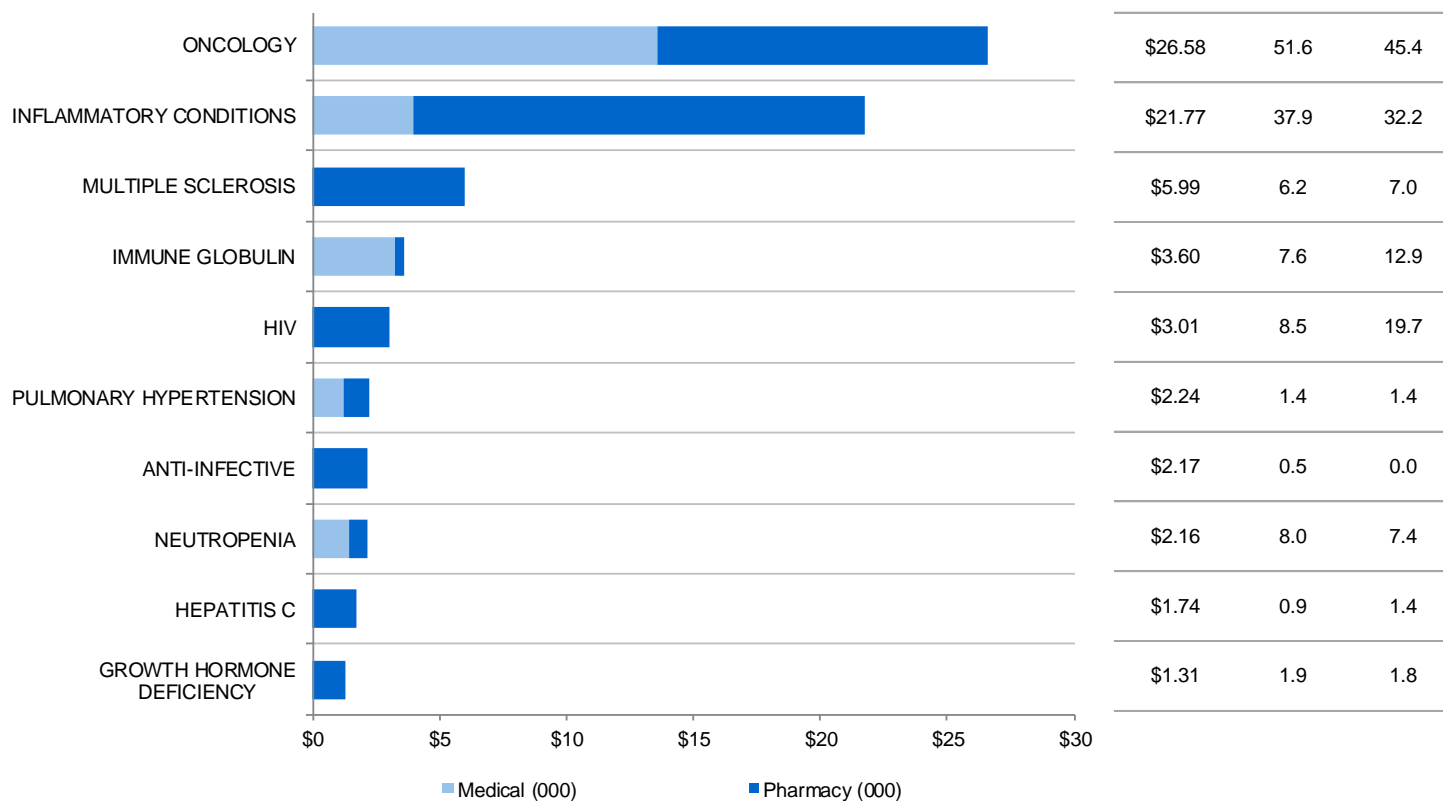
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### Multiple Sclerosis

Lemtrada  
Ocrevus  
Tysabri

# Top-10 Specialty Conditions: Combined

Top-10 Specialties Represent \$70.58 (92.2%) of Total Specialty Spend



# Top-20 Specialty Medications: Program Availability

|                  |                         |        |        | Utilizers per 5,000 |      | Medical       |                |               |              |              |               | Pharmacy |             |              |         |      |
|------------------|-------------------------|--------|--------|---------------------|------|---------------|----------------|---------------|--------------|--------------|---------------|----------|-------------|--------------|---------|------|
| Drug             | Specialty               | 2017   | Trend  | 2017                | Norm | Supply Limits | Diagnosis Edit | PA or Med Nec | Step Therapy | Site of Care | Drug Sourcing | Excl     | Drug Limits | Notification | Med Nec | Step |
| HUMIRA           | INFLAMMATORY CONDITIONS | \$1.29 | 33.8%  | 2.4                 | 1.5  |               |                |               |              |              |               |          | Y           | Y            |         |      |
| ENBREL           | INFLAMMATORY CONDITIONS | \$1.47 | -5.4%  | 2.8                 | 1.2  |               |                |               |              |              |               |          | Y           | Y            |         | Y    |
| SIMPONI          | INFLAMMATORY CONDITIONS | \$1.68 | -11.1% | 2.8                 | 0.9  |               | Y              | Y             |              | Y            |               |          | Y           | Y            |         |      |
| REMICADE         | INFLAMMATORY CONDITIONS | \$2.09 | 9.0%   | 4.7                 | 6.2  | Y             | Y              | Y             |              | Y            |               |          |             |              |         |      |
| ENBREL SURECLICK | INFLAMMATORY CONDITIONS | \$2.97 | 114.6% | 5.7                 | 2.9  |               |                |               |              |              |               |          | Y           | Y            |         | Y    |
| HUMIRA PEN       | INFLAMMATORY CONDITIONS | \$5.94 | 36.9%  | 10.9                | 9.4  |               |                |               |              |              |               |          | Y           | Y            |         |      |
|                  |                         |        |        |                     |      |               |                |               |              |              |               |          |             |              |         |      |
| TAGRISSEO        | ONCOLOGY                | \$1.23 |        | 0.5                 | 0.1  |               |                |               |              |              |               |          | Y           | Y            |         |      |
| HERCEPTIN        | ONCOLOGY                | \$1.27 | 17.2%  | 0.9                 | 1.8  | Y             | Y              | Y             |              |              |               |          |             |              |         |      |
| GLEEVEC          | ONCOLOGY                | \$1.56 | -52.6% | 1.4                 | 0.3  |               |                |               |              |              |               | Y        | Y           | Y            |         |      |
| OPDIVO           | ONCOLOGY                | \$2.42 | 75.4%  | 1.4                 | 1.0  |               | Y              | Y             |              |              |               |          |             |              |         |      |
| OPDIVO           | ONCOLOGY                | \$2.42 | 75.4%  | 1.4                 | 1.0  |               | Y              | Y             |              |              |               |          |             |              |         |      |
| KEYTRUDA         | ONCOLOGY                | \$2.94 | 25.3%  | 0.5                 | 0.6  |               | Y              | Y             |              |              |               |          |             |              |         |      |
| KEYTRUDA         | ONCOLOGY                | \$2.94 | 25.3%  | 0.5                 | 0.6  |               | Y              | Y             |              |              |               |          |             |              |         |      |
| IBRANCE          | ONCOLOGY                | \$3.46 | 377.4% | 1.9                 | 0.5  |               |                |               |              |              |               |          | Y           | Y            |         |      |

# Specialty Drug Management:

Inflammatory strategies in place

|  | Pharmacy Benefit | Medical Benefit |
|--|------------------|-----------------|
|  <b>Network</b>                               |                  |                 |
| Specialty Designated Network/<br>National Infusion Network   | ✓                | ✓               |
|  <b>Clinical &amp; Utilization Management</b> |                  |                 |
| Review at Launch   | ✓                | ✓               |
| Dosing Management  | ✓                | ✓               |
| Prior Authorization  | ✓                | ✓               |
| Step Therapy   | ✓                | ✓               |
| Site of Care – Clinical Review   |                  | ✓               |

# Specialty Care Management



Establish care  
and partnership



Ongoing support  
and interventions



Optimize  
connections



## Q & A

# Colorado PBM Symposium

*Setting the stage*

Michael Ell, MBA, MAcct, FACHE  
Employers Health

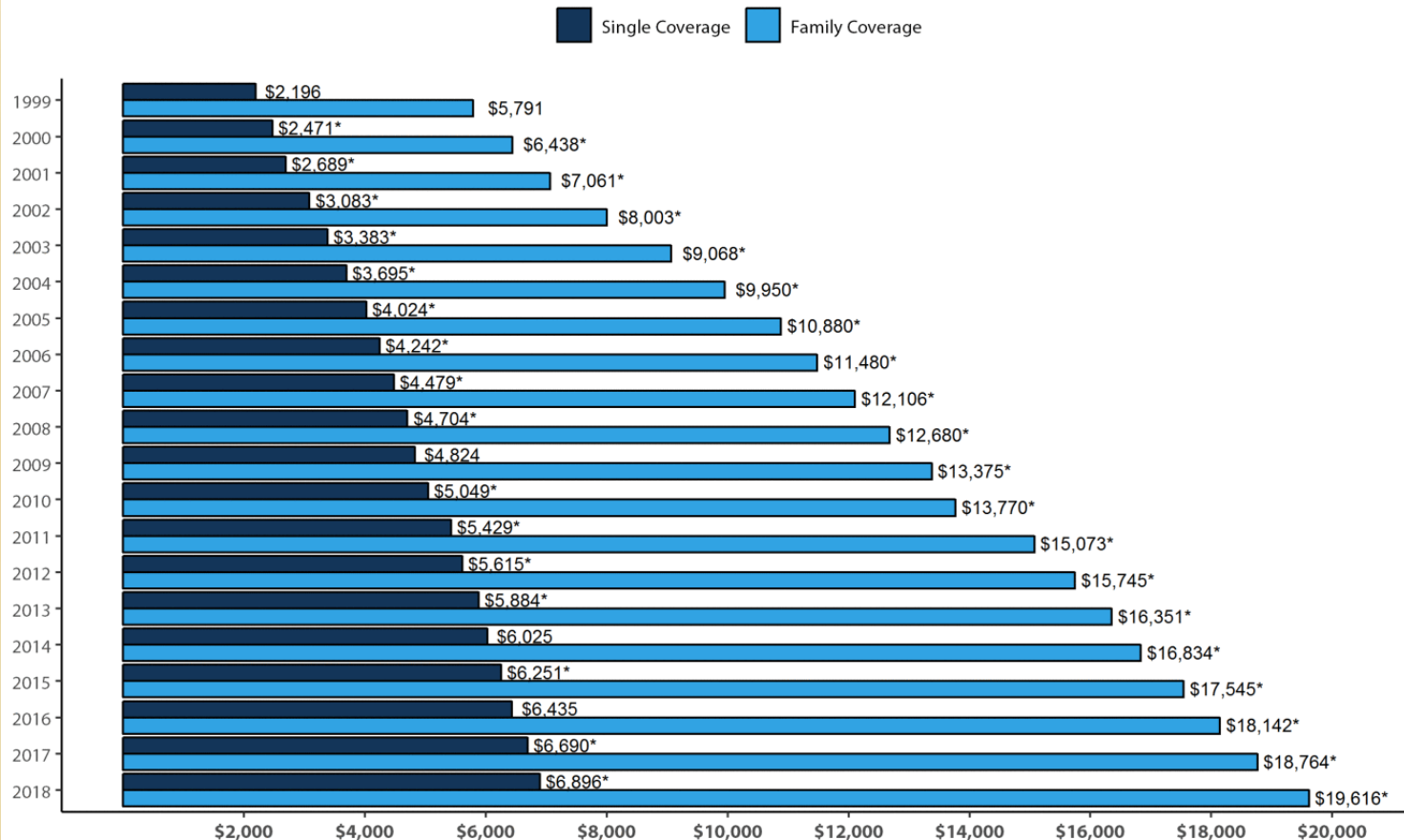


# Context

- Employer-founded purchasing coalition started in Ohio in 1983
- Collective Rx Purchasing since 1995
  - CVS Health
  - OptumRx
- 200+ plan sponsors
  - Domiciled in 34 states
  - 800,000+ covered lives
  - \$1 billion + drug spend
  - Work with most national / regional consulting houses
  - Evaluated 100+ times per year by various organizations
- ~40 team members
  - Attorneys, pharmacists, analysts, account management

# Overall healthcare costs continue to rise

Average Annual Premiums for Single and Family Coverage, 1999-2018

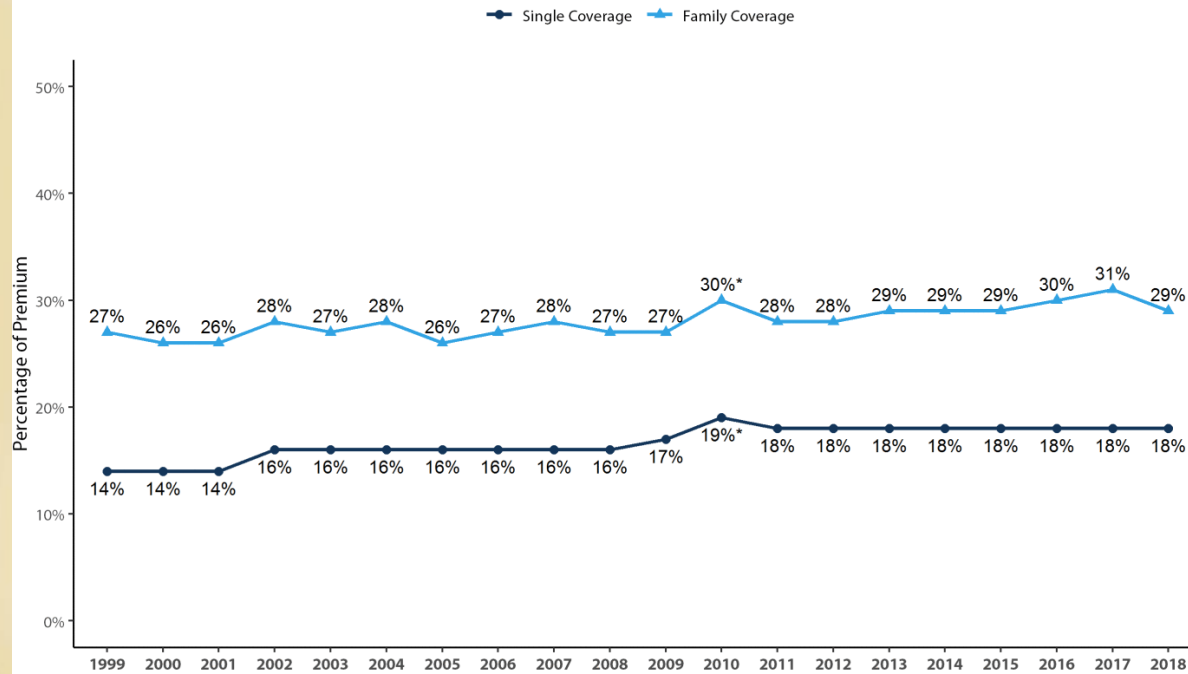


\* Estimate is statistically different from estimate for the previous year shown ( $p < .05$ ).

SOURCE: KFF Employer Health Benefits Survey, 2018; Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 1999-2017

# Workers' share of premiums is relatively flat, but higher premiums draw more money out of families' budgets

**Average Percentage of Premium Paid by Covered Workers for Single and Family Coverage, 1999-2018**

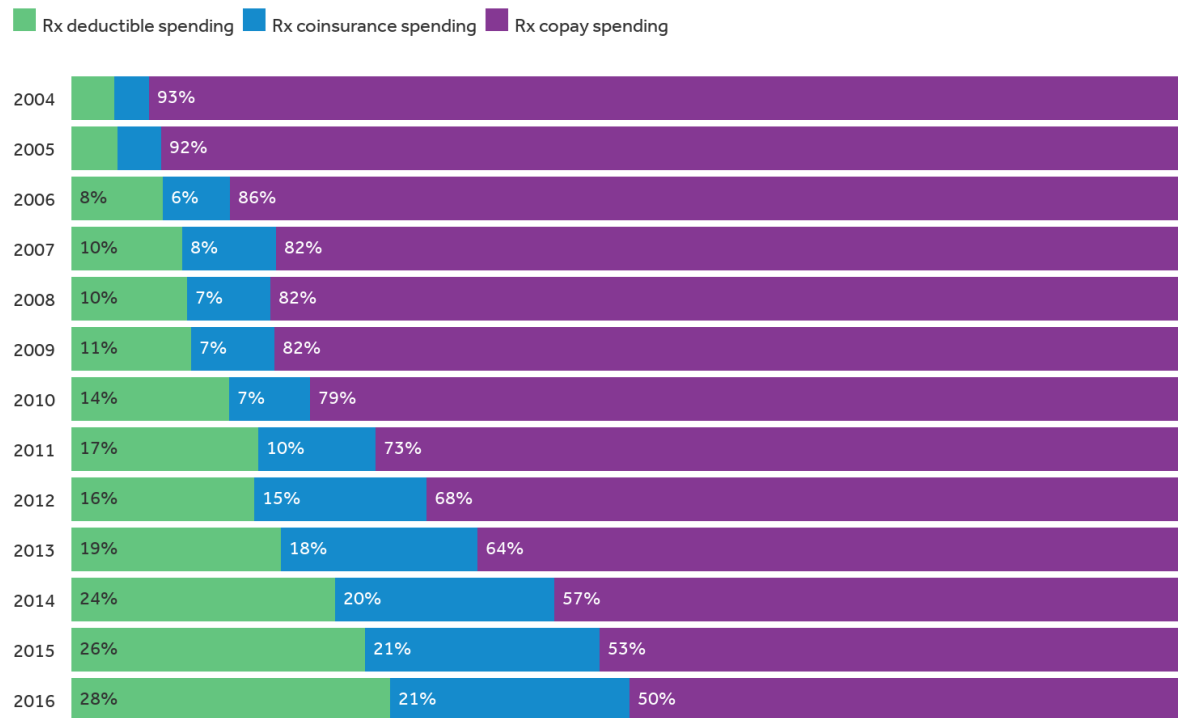


\* Estimate is statistically different from estimate for the previous year shown ( $p < .05$ ).

SOURCE: KFF Employer Health Benefits Survey, 2018; Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 1999-2017

# Patients out-of-pocket costs are increasingly tied to the list price of medications

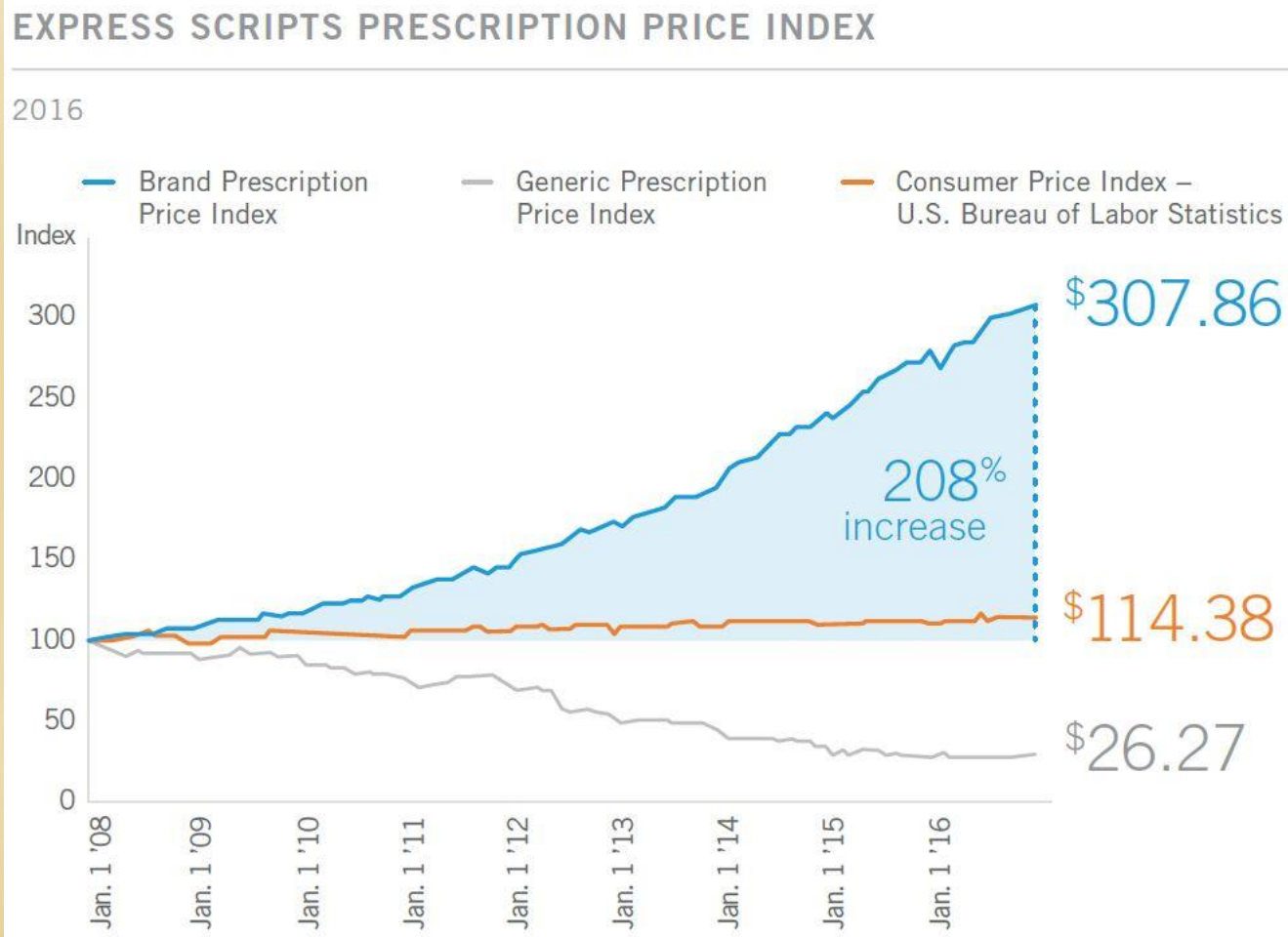
Distribution of cost-sharing payments for retail prescription drugs in large employer plans, by type of payment, 2004-2016



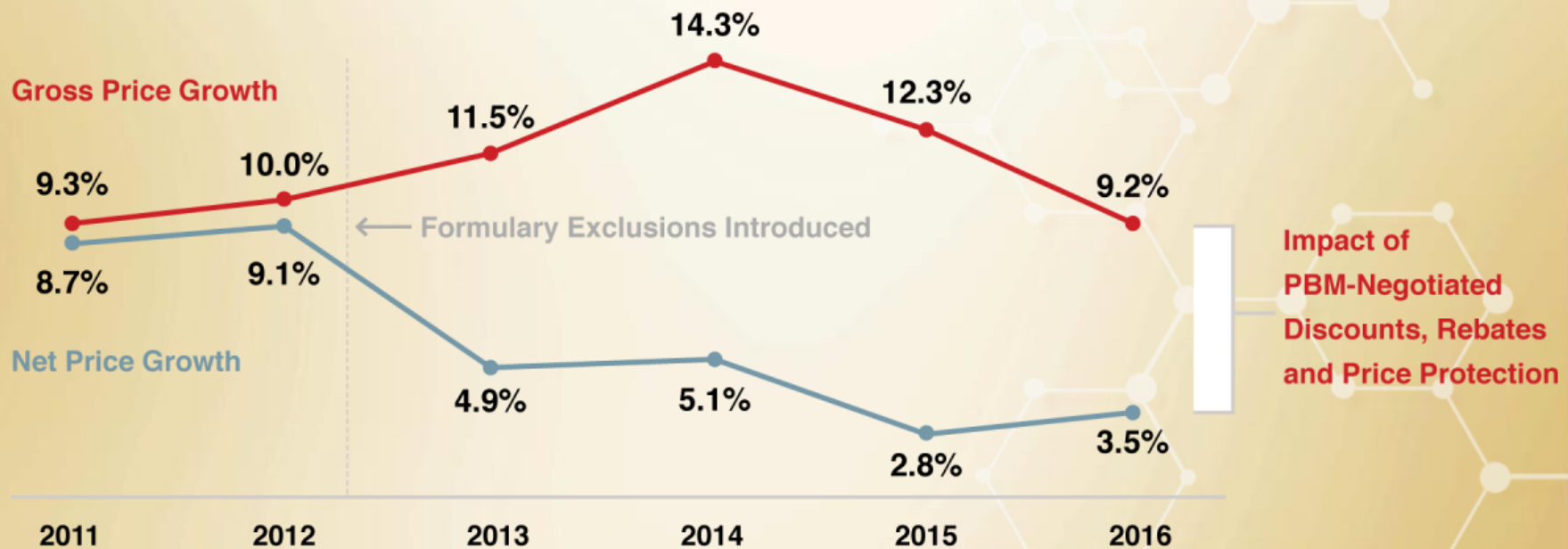
Source: Kaiser Family Foundation analysis of Truven Health Analytics MarketScan Commercial Claims and Encounters Database, 2004-2016 • [Get the data](#) • PNG

Peterson-Kaiser  
**Health System Tracker**

# The list price of branded medications continues to rise



# The net price of brand drugs actually moderates due to rebates and other discounts





# Colorado PBM Symposium

October 25, 2018



# Today's Topics

- Industry Landscape
- PBM Functions
- Where do we go from here?

# Context

- Employer-founded purchasing coalition started in Ohio in 1983
- Collective Rx Purchasing since 1995
  - CVS Health
  - OptumRx
- 220+ plan sponsors
  - Domiciled in 35 states
  - 800,000+ covered lives
  - \$1.1 billion + drug spend
  - Work with most national / regional consulting houses
  - Evaluated 100+ times per year by various organizations
- ~40 team members
  - Attorneys, pharmacists, analysts, account management

# State of the Industry

## Lawmakers ask FTC for retrospective review of PBM mergers

by **Evan Sweeney** | Jul 30, 2018 12:00am

## On the Side, Express Scripts Eyes Distributing High-Priced Specialty Drugs

By **Caroline Humer** and **Deena Beasley** | August 15, 2018

## With Standalone PBMs Under Fire, Cigna To Buy Express Scripts For \$54B

Auditor's Report: Pharmacy benefit managers take fees of 31 percent on generic drugs worth \$208M in one-year period

 **Bruce Japsen** Contributor  
Pharma & Healthcare  
Business and policy

## Amazon pharmacy should derail 'ridiculous' Cigna, Express Scripts deal, Carl Icahn says

**Nathan Bomey**, USA TODAY  
Published 8:02 a.m. ET Aug. 7, 2018 | Updated 4:03 p.m. ET Aug. 7, 2018

## 3 REASONS WHY HEALTH INSURERS AND PBMS ARE MERGING

BY **STEVEN PORTER** | APRIL 05, 2018

## Amazon's PillPack deal puts PBMs, advisers on notice



# Today's PBM Environment



5

# Contributors

- Manufacturers
  - High list prices
  - DTC advertising and couponing
  - Lobbying
  - Portfolio treats smaller number of patients
- Regulators / legislators
  - FDA process
  - Patent law
  - Campaign contributions
- Wholesaler
  - Misaligned incentives / reimbursement
- Retail Pharmacy
  - Misaligned incentives / reimbursement
  - Limited leverage for procurement and reimbursement

# Contributors (cont...)

- Purchasers / Payors
  - Poor purchasing habits
  - Lack of adequate resources / misaligned resource allocation
  - Bad advice
- Prescribers
  - Lack of cost sensitivity
  - Reliant on drug manufacturer reps or other physicians paid by drug manufacturers
  - Give-in to patient demands
- Patients
  - Don't always pay the full price of the drug
  - Poor stewards of health & finance
  - Lack of health(care) literacy

# Contributors (Cont...)

- PBMs

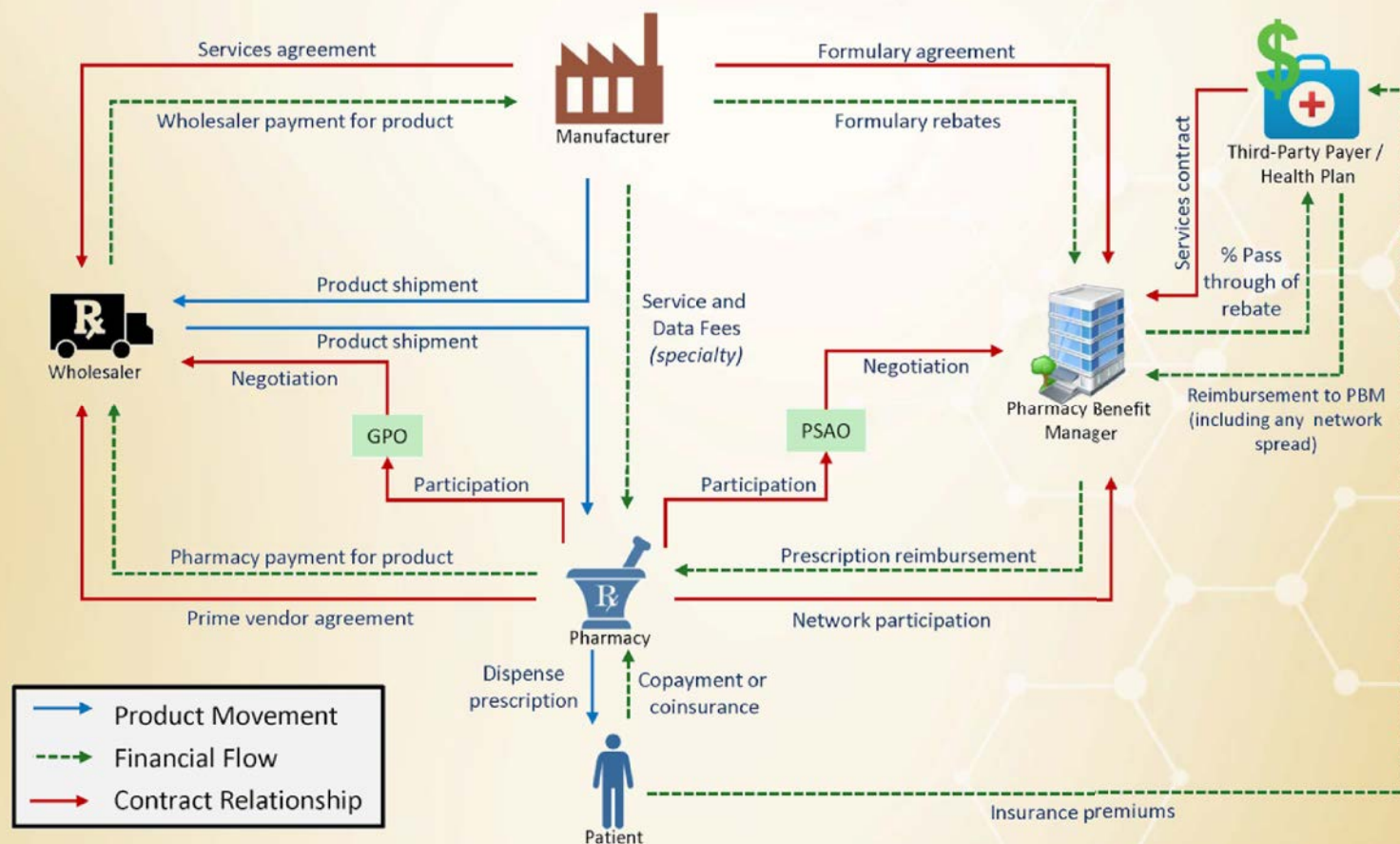
- Misaligned incentives
- Spread
- Conflicts of interest
- Contracting gimmicks
- One-sided contracting
- Meaningless price benchmarks
- Rebate spread
- High price drugs on the formulary
- Lack of regulation
- Complex business practices
- Poor customer service
- Poor account management
- Variable MAC lists
- Multiple network arrangements
- Exclusions
- Loose contract language
- Exploiting complexity
- Weak clinical criteria
- Outdated claims processing systems
- Hard to get data
- Doesn't communicate with prescriber
- Not integrated with the health plan
- Worried only about corporate shareholders
- No transparency
- Black box
- Patient disruption



**“Every system is perfectly designed to get the results it gets.”**  
—Demming or Batalden or Jones or Berwick or...



# U.S. Distribution and Reimbursement System: Patient-Administered, Outpatient Drugs



Source: Fein, Adam J., *The 2017 Economic Report on U.S. Pharmacies and Pharmacy Benefit Managers*, Drug Channels Institute, 2017. Chart illustrates flows for **Patient-Administered, Outpatient Drugs**. Please note that this chart is illustrative. It not intended to be a complete representation of every type of financial, product flow, or contractual relationship in the marketplace.  
GPO = Group Purchasing Organization; PSAO = Pharmacy Services Administrative Organization

# Pharmacy Distribution

## PBMs



## Manufacturing & Marketing



## Wholesale Distribution



## Retail & Mail Pharmacies



# Health Plan – PBM Relationships

Aetna

- CVS

Anthem

- ESI (2019) IngenioRx (CVS)

UnitedHealth

- OptumRx (both UHG)

HCSC (Blues)

- Prime Therapeutics

Humana

- Humana

Cigna

- OptumRx → ESI

# Disruptors

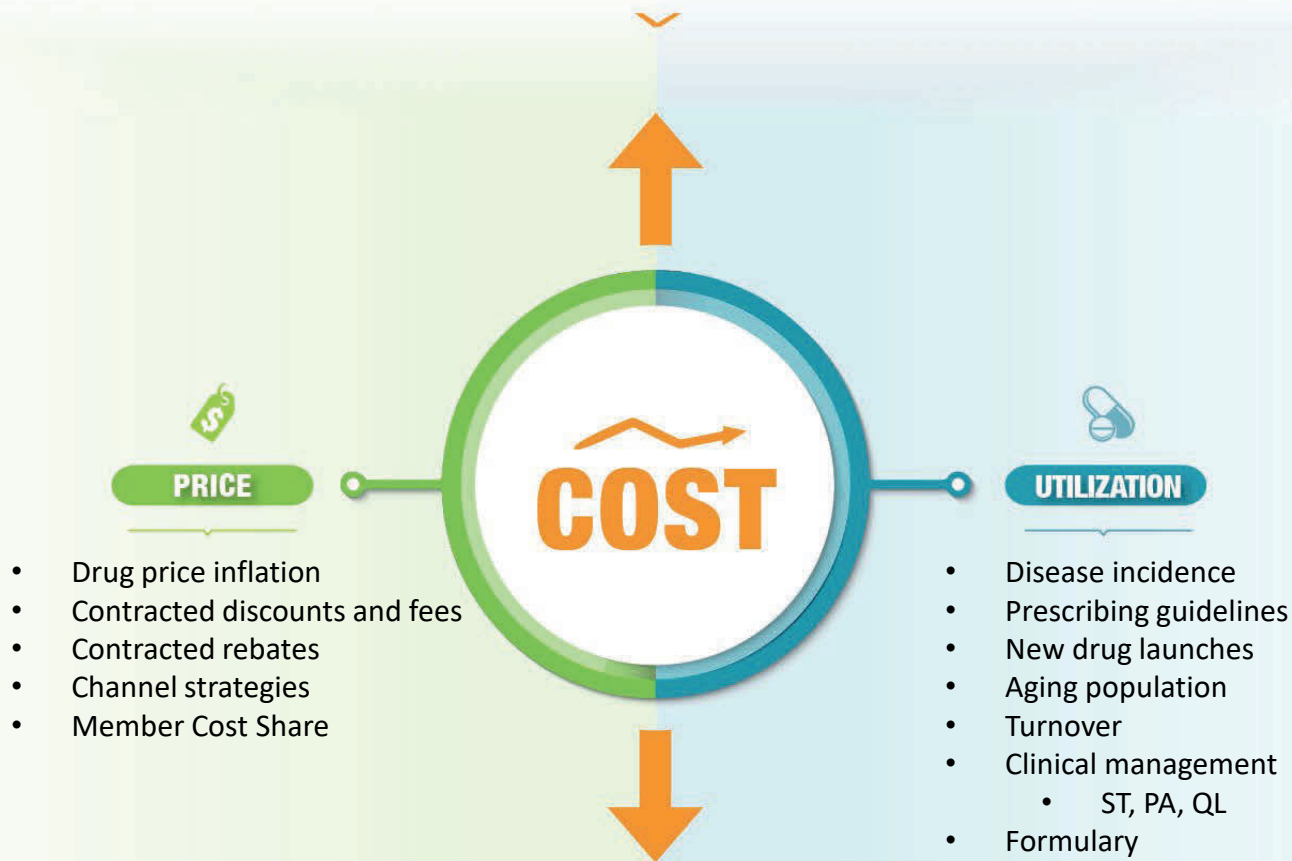


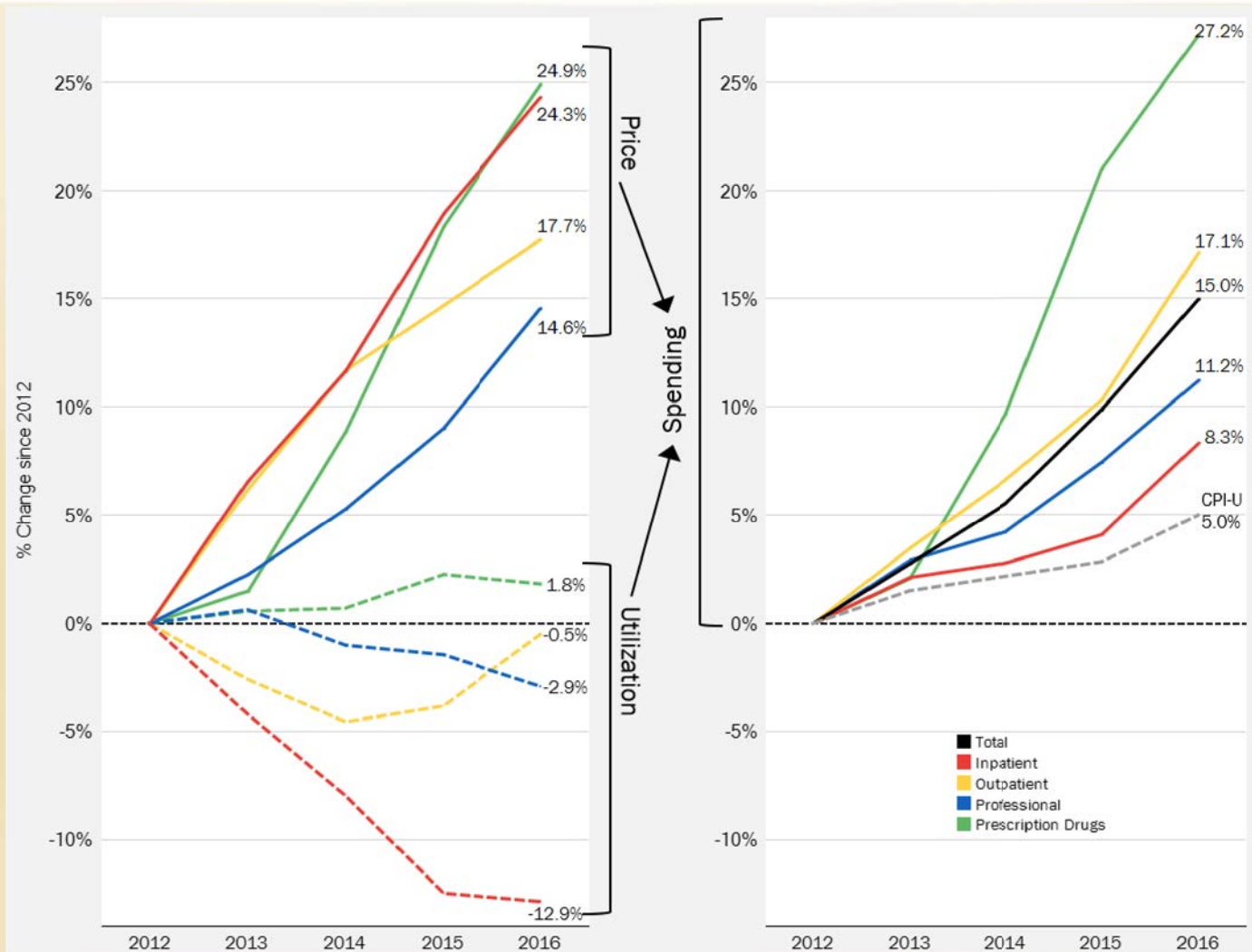


# PBM Landscape: Our View

- Dominated by Big 3 PBMs
  - Most scale / Play to the spreadsheet
    - Discounts, rebates, fees
    - Push to integrated assets
  - Service / flexibility / size limits
- Small to Mid-PBMs
  - Fighting scale by limiting spread or non-traditional pricing
  - Clinical management, service, formulary, flexibility
  - Outsource certain functions (rebates, mail, specialty, etc...)
  - Connectivity (accumulators) can be a challenge

# Overall Pharmacy Cost Factors

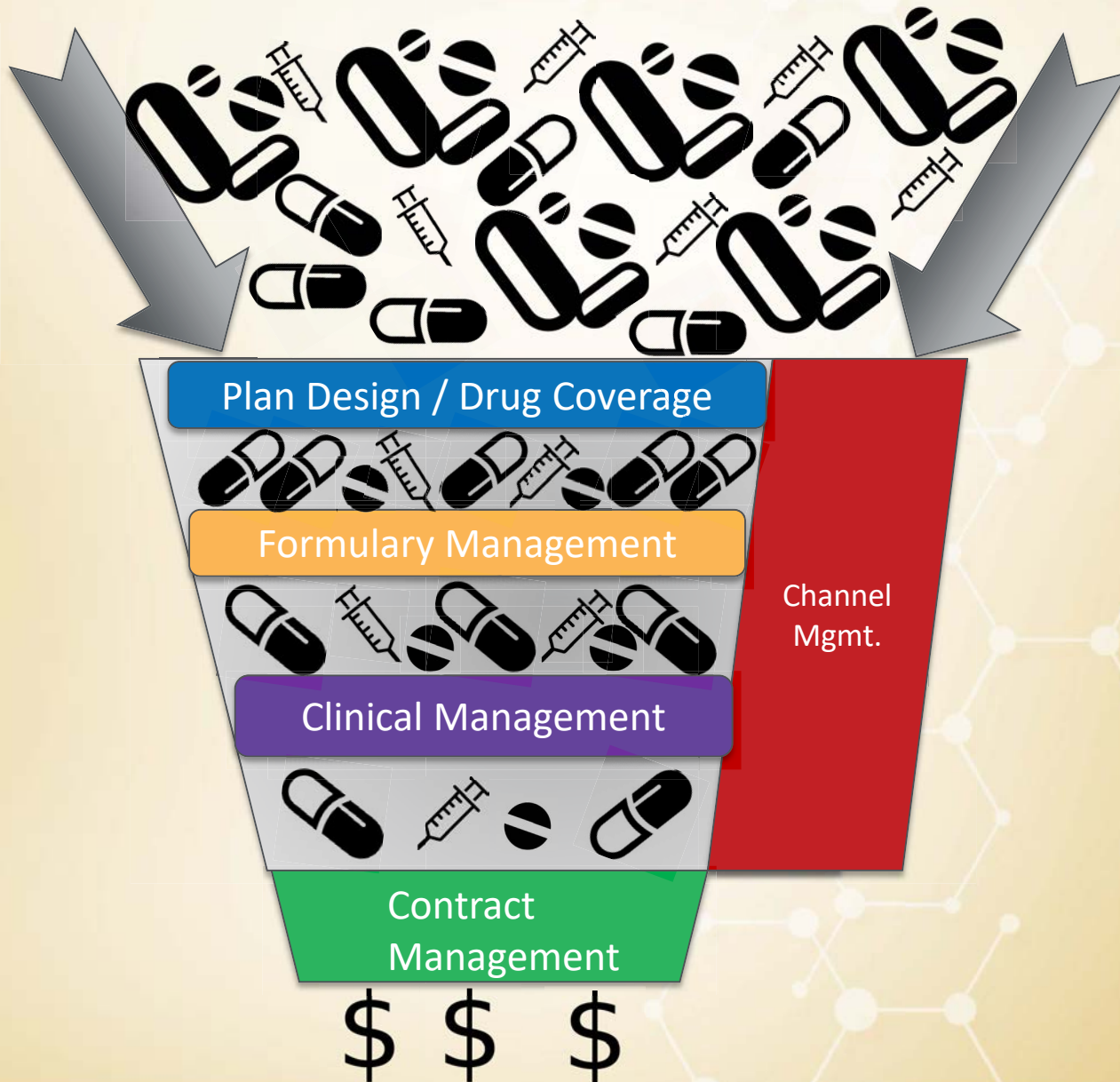




Source: Health Care Cost Institute

Note: Prescription Drug Prices do not include discounts and rebates.

Note: Prescription Drug Prices includes HepC and Compounds, which peaked during time period.

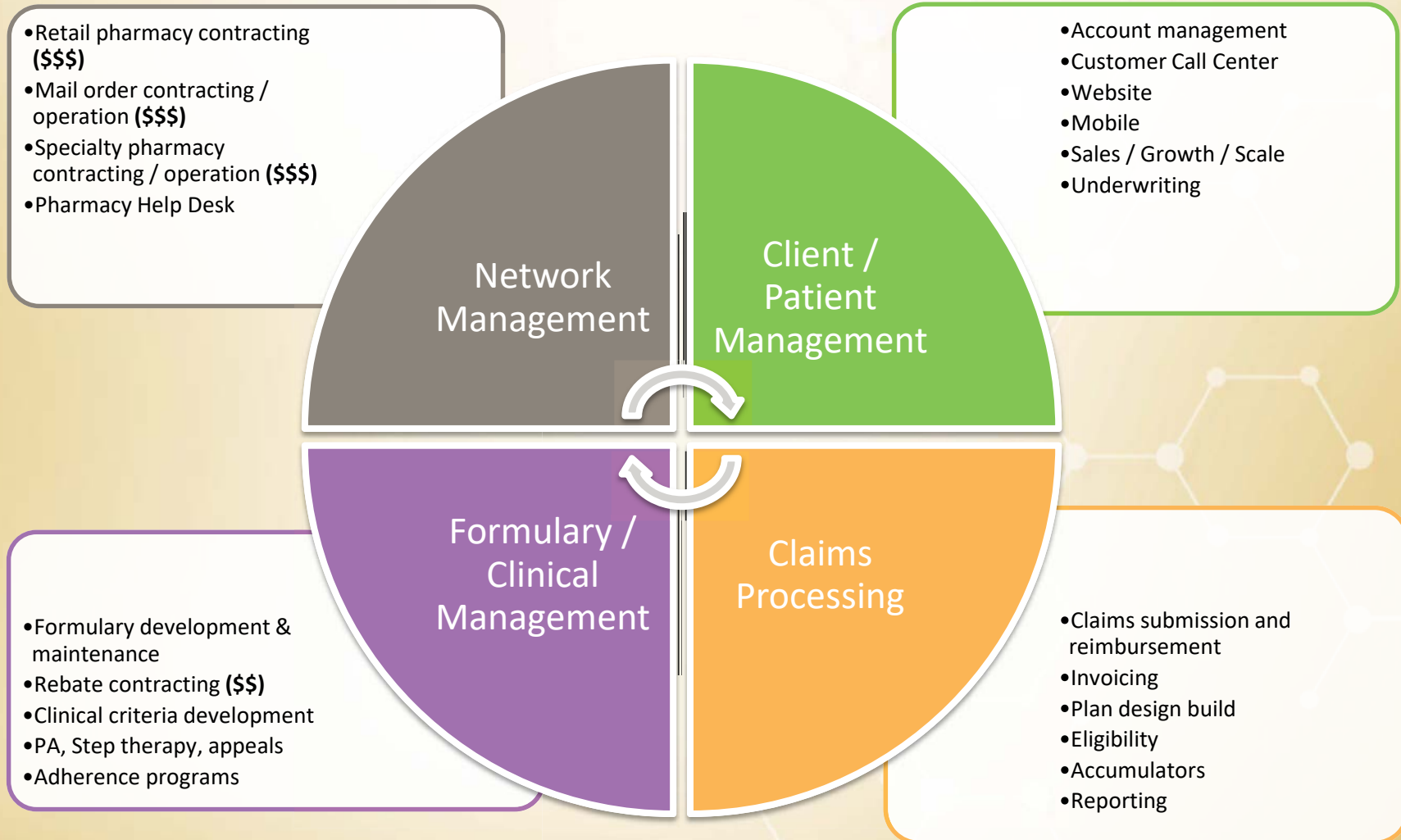




# Today's Topics

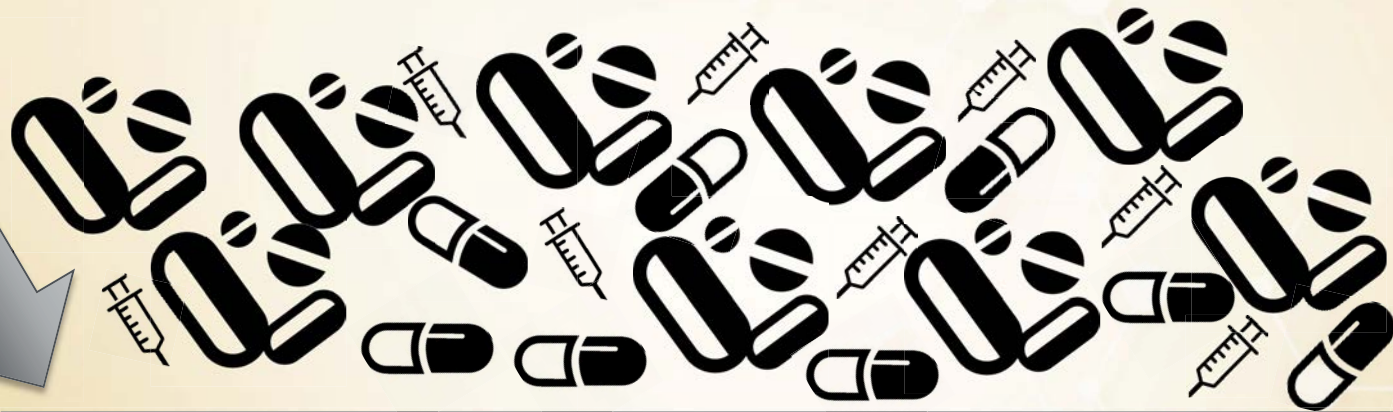
- Industry Landscape
- **PBM Functions**
- Where do we go from here?

# PBM Functions



# PBM Services - Network

- Pharmacy Networks
  - Broad national networks (~60,000 + pharmacies)
  - Limited national network (~40,000 – 50,000 pharmacies)
  - Restrictive national network (~20,000 – 30,000 pharmacies)
  - Regional network
  - On-site pharmacies
  - Retail 90 networks
  - Exclusive 90 networks
  - Mail order
  - Specialty pharmacy



## Contract Definitions

| Retail 30 |         | Retail 90 |         | Mail 90 |         | Specialty |         |
|-----------|---------|-----------|---------|---------|---------|-----------|---------|
| Brand     | Generic | Brand     | Generic | Brand   | Generic | Brand     | Generic |
|           |         |           |         |         |         |           |         |

## Contract Pricing

\$      \$      \$      \$      \$      \$      \$      \$

# Network Contracting

- Brands: Discount off of Average Wholesale Price (AWP)
- Generics: Discounted AWP, Maximum Allowable Cost (MAC) or Usual & Customary (U&C)
- Dispensing Fees: Paid to the retail pharmacy per prescription dispensed
- What defines a Brand? Generic?
- Does the PBM contract directly with network pharmacies (or aggregators of network pharmacies) or “lease” its network through a third-party or even a PBM subsidiary?
- Traditional vs. Pass-through pricing

# Brand Drug Pricing

| \$300 | Wholesale Acquisition Price (WAC) | Set by manufacturers  |
|-------|-----------------------------------|---|
| \$360 | Average Wholesale Price (AWP)     | Price benchmark published by Medispan – typically not more than 120% of WAC                               |
| \$61  | Discount off AWP                  | Negotiated by plan sponsor and PBM – may or may not be reflective of what the PBM reimburses the pharmacy |
| \$1   | Dispensing Fee                    | Negotiated by plan sponsor and PBM – may or may not be reflective of what the PBM reimburses the pharmacy |
| \$300 | Gross Cost                        | AWP – Discount + Dispensing Fee   |



# Network Decision Points

## Traditional vs. Pass-Through

- What's being passed through?
- Does the PBM utilize multiple networks?
- Are reimbursements hard-coded or aggregated towards an overall effective rate?
- Are there multiple MAC pricing variations used for reimbursement?
- What are the reimbursement rates for the pharmacies my population utilizes most?
- What are the invoice guaranteed discounts and fees?
- What's the net cost under each model?

## Exclusive vs. Open Specialty

- What are the financial differences?
- How many limited distribution drugs are my participants taking and are they available through an open specialty network?
- Do I care about copay coupons applying to deductibles and MOOPs?
- What additional clinical management am I losing/gaining? Can I measure the results?

## Direct Contracting

- Do I direct contract for all or part of my network?
- Do I need a wrap national network?
- Who will negotiate the contract initially and ongoing?
- How will I validate any cost-plus arrangements?
- How will my PBM administer?
- How will this impact the rest of my PBM financials?
- Are the rates I negotiate direct not only better than what I had with the PBM, but what other models might have with the PBMs?

# PBM Services - Formulary

- Pharmacy & Therapeutics Committee (P&T)
  - Independent committee of medical & pharmacy professionals
  - Typically not employees of the PBM
  - Typically not disclosed
  - Represents various medical specialties
- Reviews clinical safety and efficacy data
- Recommends formulary placement
  - Must Add
  - May Add
  - Don't Add
- Process ensures PBMs can say formulary is “clinically based”
- Historically has not assumed comparative effectiveness nor cost



# PBM Services - Formulary

- Trade Relations negotiates rebates and other discounts with pharmaceutical manufacturers
- Following P&T safety review, most formulary decisions become a matter of economics
- Few PBMs disclose actual drug-level rebates
  - Impossible to determine “lowest net cost”
  - PBM: Protects competitive advantage / intel
- Rebate audits allow auditor to evaluate a sample of rebate contracts
- Formulary typically updated quarterly
- Clinical criteria goes hand-in-hand with formulary
- Aggressive clinical criteria may impact rebate eligibility

# Rebates – What to Know

- Rebates are retrospective payments made by pharmaceutical manufacturers to PBMs
- Rebates allow PBMs to bypass the supply chain and negotiate directly with a manufacturer
- Varying types of rebates
  - Access
  - Market Share
  - Price Protection
- Manufacturer Revenue is not the same as rebates
  - Includes other data fees; clinical/admin fees
  - In some agreements, includes specialty copay assistance
- 100% Pass-through (of what?)
- Minimum Guarantees

# Formulary Management

- When are new drugs added to the formulary?
  - New to Market Blocks
  - Clinical criteria development
  - Additional FDA approved indications
- Non-essential drug lists
- Evaluating formulary differences
- How do I know what lowest net cost drugs are if I don't know drug-level rebates?
- Disruption from patients, providers?
- Does my medical plan have preferred products?

# Rebate Trends

- Many smaller PBMs utilize rebate aggregators to access better contracts
  - Pass-through becomes what is negotiated with the aggregator vs. what the aggregator negotiates with pharma
- “Transparent” contracts disclose the actual manufacturer rebates at the claim level
- Large PBMs shifting negotiations to MAF or product discounts and away from typical “rebates”
- Price protection rebates help offset drug price inflation above an agreed upon amount
- Outcomes-based contracts are becoming more common in specialty
- HDHP claims may or may not get full rebates
- Watch for limits on “rebateable” claims due to decline of Hep C and desire to show higher rebate values on spreadsheet
- Point-of-sale rebates getting a lot of attention with HDHP

# Outcomes-Based Contracts

- For medications that don't do what they're supposed to, the manufacturer pays additional rebate dollars
  - Who defines expected outcomes?
  - Who measures? How is it measured?
  - What's the timeline for measurement?
  - What scenarios void the contract?
  - Am I giving up price-protection or other forms of rebates?
  - Opposite shared savings arrangements on medical side
- Indication-based formularies
  - How to effectively communicate this to participants

# Point-of-Sale Rebates

- Lower patient costs at the pharmacy counter for brand drugs
  - What's actually being applied at the point-of-sale?
  - How are rebates used today by the plan sponsor?
  - What % of population use the plan?
  - What's the current cost share split for utilizers?
  - Adjustments to premium contributions?
  - Adjustments to deductible and MOOP levels?
  - Apply for all brands or just maintenance and specialty?
  - Would a maintenance drug list accomplish similar results?
  - What's the cost for rebate "float?"
  - How will reconciliation work? When?



# Shifting “Rebates”

## PBM 1:

- 100% Pass-Through of “Rebates”
- Price Protection not considered a “Rebate”
- Minimum Guarantee: \$85 per retail brand script
- 100 Brand Rx = \$8500 guaranteed

## PBM 1 Collections:

- Formulary & Market Share Rebates: \$4,000
- Price Protection Rebates and Other Fees: \$6,000
- What does the client get?

## PBM 2:

- 100% Pass-Through of “Rebates”
- Price Protection is considered a “Rebate”
- Minimum Guarantee: \$80 per retail brand script
- 100 Brand Rx = \$8,000 guaranteed

## PBM 2 Collections:

- Formulary & Market Share Rebates: \$6,000
- Price Protection Rebates and Other Fees: \$4,000
- What does the client get?

# Rebate Exclusions

|  |        |
|--|--------|
| Specialty Rxs                                | 1312   |
| Removed by Limited Distribution              | 165    |
| Percentage Removed                           | 12.58% |
| ASCF Specialty Rate Offered                  |        |
| ASCF Specialty Rate w/ Limited Dist. Removed |        |
| Difference (\$)                              |        |
| Difference (%)                               | 14.3%  |

|                 | Specialty Retail | <84 DS Mail | <84 DS Specialty |
|-----------------|------------------|-------------|------------------|
| Reported Claims | 1312             | 30765       | 1312             |
| Removed Claims  | 113              | 1873        | 52               |
| % of Claims     | 8.61%            | 6.09%       | 4.0%             |
| Offered Rebate  |                  |             |                  |
| Adjusted Rebate |                  |             |                  |
| Difference (\$) |                  |             |                  |
| Difference (%)  | 9.4%             | 6.5%        | 5.8%             |



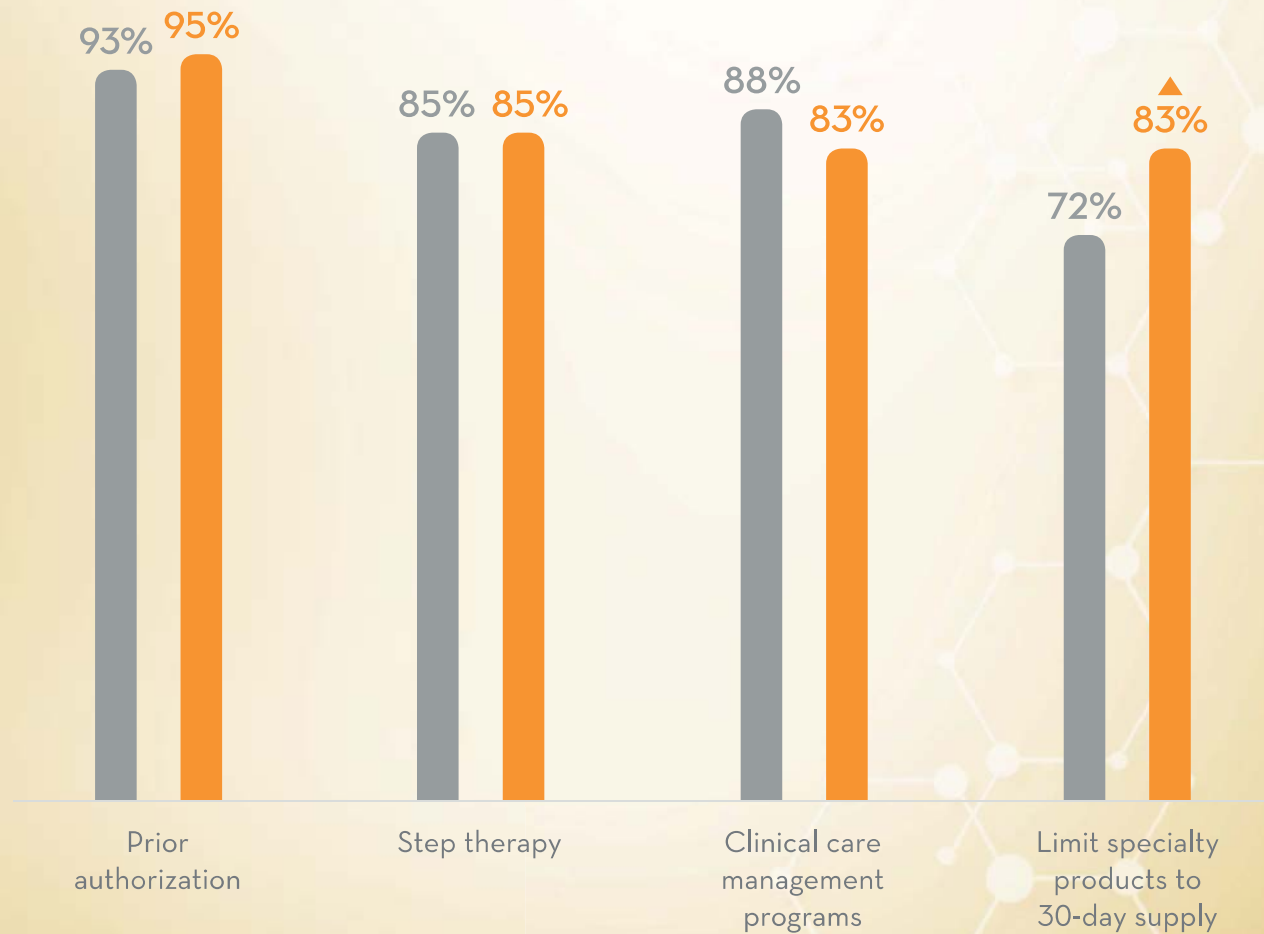
# Clinical Management

- Prior Authorization
  - What are the clinical criteria?
  - How do they compare to other PBMs or Health Plans?
  - How does the criteria play into rebate guarantees?
  - What is the drug-level approval rate?
- Step Therapy
  - Must try and fail lower cost option first
  - May require two or more steps
- Quantity Limits
  - Sets a limit over a time period

FIGURE 26. Specialty Clinical Management Strategies Used in the Pharmacy Benefit

▲ = Significantly higher than comparison year.

■ 2016 (n=290) ■ 2017 (n=299)



| SPECIALTY DRUGS PA SUMMARY         |        |
|------------------------------------|--------|
| 2017 (20170101-20171214)-Specialty |        |
| STATUS_CD                          | COUNT  |
| NULL                               | 4363   |
| 01 - OPEN                          | 184    |
| 02 - ASSIGNED                      | 119    |
| 03 - CANCELLED                     | 44494  |
| 04 - PENDED                        | 87     |
| 05 - DENIED                        | 44269  |
| 06 - APPROVED                      | 77118  |
| 09 - INACTIVATED                   | 542    |
| 99 - RESERVED                      | 6      |
|                                    |        |
|                                    |        |
| Total PA                           | 171182 |
| Approved PA                        | 77118  |
| Approved PA %                      | 45%    |

35

# Clinical Management

- Medication Adherence
  - Face-to-face, video chats, telephonic, technology, apps
  - Medication Possession Ratio (MPR)
    - $(\text{Actual On-Hand} / \text{Expected On-Hand}) * 100$
    - “Optimally Adherent” typically means the patient is above a certain MPR (e.g. 80%)
    - 90-day dispensing automatically increases adherence as measured by MPR
    - Auto-refill programs automatically increases adherence as measured by MPR

# Today's Topics

- Industry Landscape
- PBM Functions
- Where do we go from here?

# Plan Sponsor Considerations

- Does my PBM strategy maximize value based on the realities of the current marketplace?
- How am I positioning my organization to maintain leverage in a consolidating marketplace?
- Who is best positioned/unbiased to help me identify the right strategy and the right PBM partner?
- Should I require a pass-through or traditional pricing arrangement?
- Should I carve-out certain PBM functions to third parties?
- Are there other options my current PBM offers that I'm not utilizing?
- Which PBM best aligns with my current needs and future strategy?
- How will we define success? Who will evaluate it?

# Employer To-Dos

- Focus on the Fundamentals
  - Solid contract terms and pricing
  - Understand what you have – define what you need
  - Review pricing regularly
  - Audits
  - Clinical & Formulary Management
    - Understand disruption vs. savings
  - Plan Design
- Analyze Often
  - Focus on total net cost (PMPM) along with discounts and rebate guarantees
  - Account for acute outliers; changes in population
  - Understand disruption & administrative burden of change
- Find some help
  - Conflicts of interest abound
  - Find someone who understands PBM contracting
  - Get more than one set of eyes on the data/results



# Evaluation Pitfalls

- Implementing a PA or Step Therapy is a plan decision – not necessarily unique to a PBM
  - Prove that the criteria are better and show disruption / risk
  - Assumptions on starting number of claims subject to PA
- Historical data includes drugs that have gone generic
  - The savings associated with market changes are not unique
- Repricing historical claims with today's pricing doesn't always translate to savings
  - Don't compare your 2018 price to my 2016 price
- Align networks, formularies, definitions and claims groupings
  - If you cut out CVS from your network, I'd expect you to provide a more aggressive price. Others can do that too.
- Other fees / charges get calculated incorrectly
  - Medical Admin fees, Coalition fees, etc...
- Big guarantees without dollar-for-dollar true-ups are misleading
- PBMs can make any number look larger on paper
- Saving 20% in one RFP is great going forward, but...
- Staying with my incumbent allows me to avoid disruption
- Misaligned consulting relationships

Others?



# Thank You!



Mike Stull

mstull@employershealthco.com



@MikeStullEHPC

# A Tale of Pharmacy Purchasing

Rebecca Lich, PharmD, MBA  
SVP, Lockton Pharmacy Practice Leader



# A Tale of Pharmacy Purchasing





# Pharmacy Landscape & Market Update

## **Increased scrutiny in private & public sectors**

- Opioid Epidemic
- Demand for transparency & price control
- Patient advocacy & choice

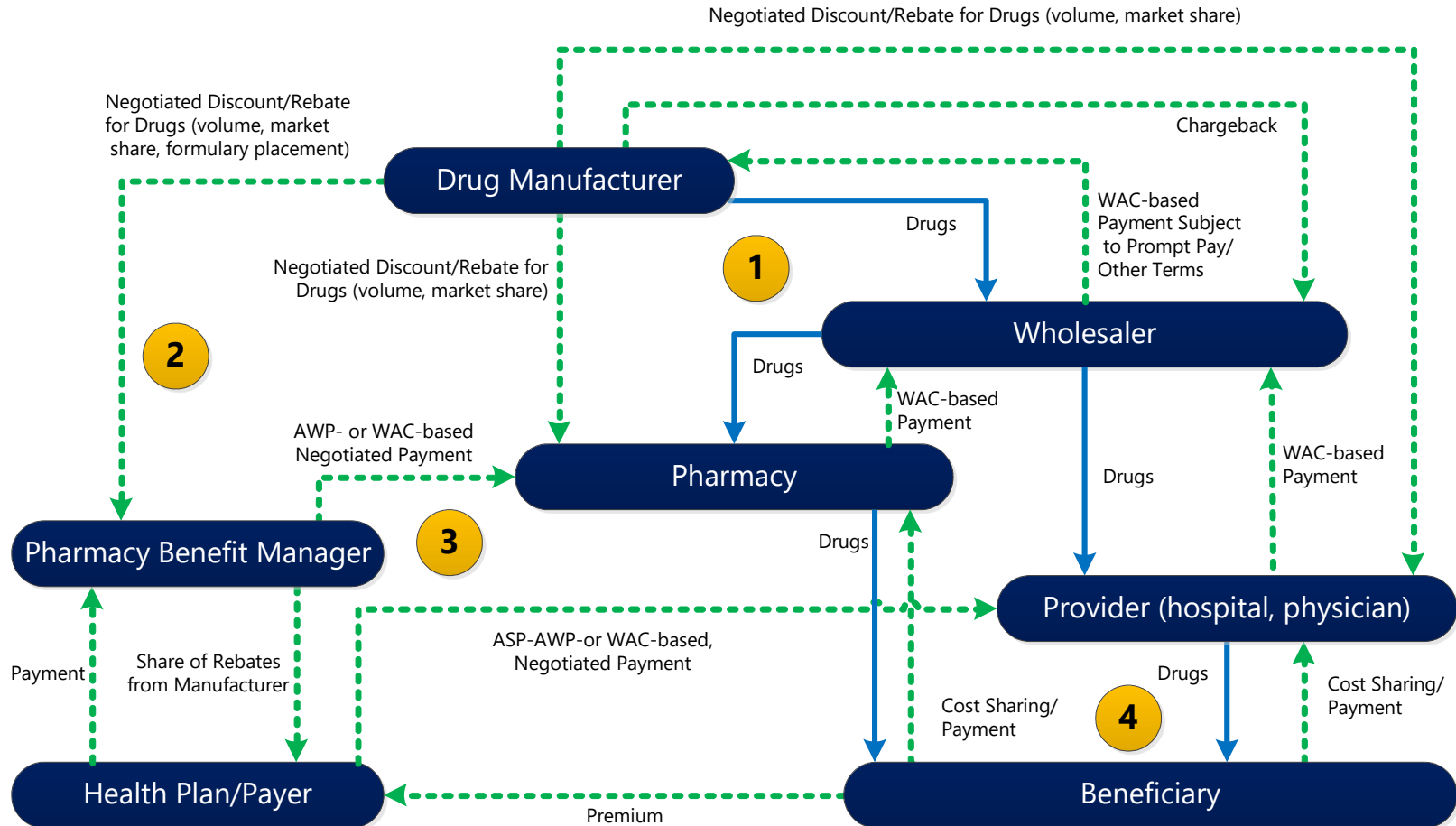
## **Vertical integration and consolidation**

- >60 Pharmacy Benefit Managers (PBMs) in the industry
- Big three have >75% of the market share

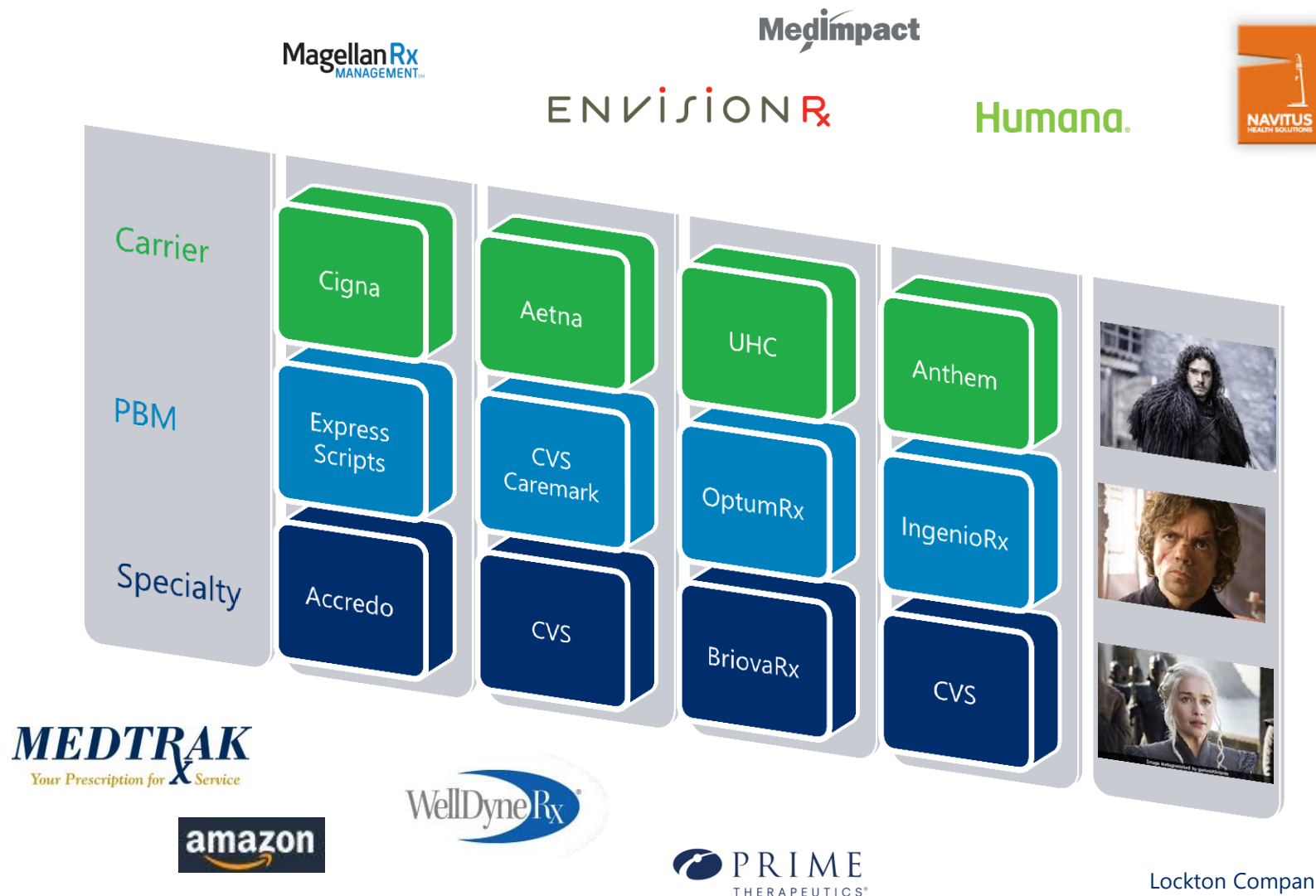
## **Specialty drug segment continues to grow**

- Launch of Biosimilars
- Breakthrough therapies & Orphan drugs
- Expanded Indications

# Stakeholders & Pharmacy Dollars



# Pharmacy is a Dynamic Marketplace



## Carve-in

VS

## Carve-out

- Bundled pharmacy & medical contract, through one vendor
- Value of integration
  - Patient experience, coordination of care, & data integration
- Decreased transparency
- Less choice & control

- Unbundled pharmacy agreement
  - Direct with PBM or collective
- Pharmacy accountability & expertise
- Increased transparency
- Choice & control
  - Customize, tailor, & innovate your plan
  - Implementation credits
  - Financial guarantees
  - Performance guarantees
- File integration is required between medical carrier & PBM

# Questions to Consider

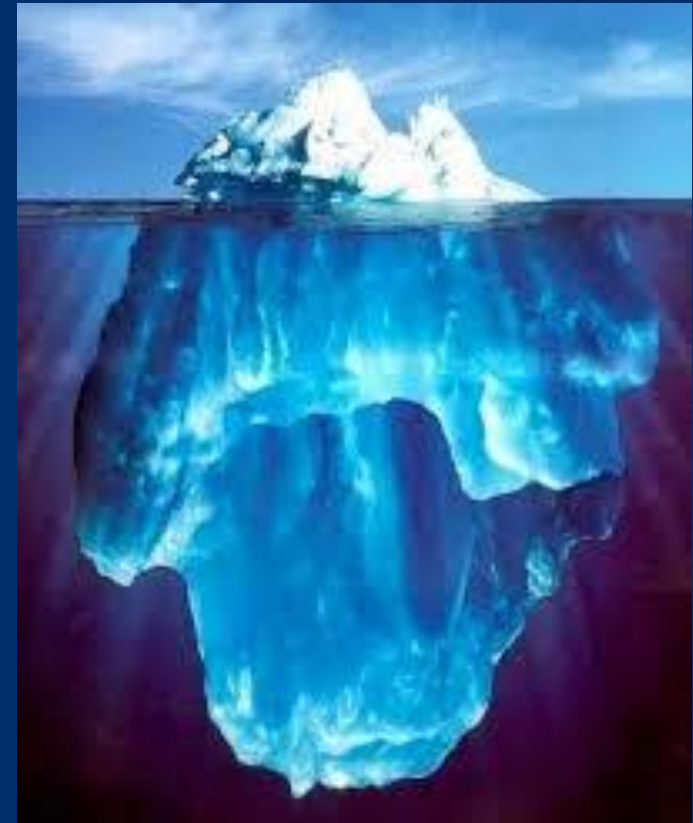
- Are you concerned with pharmacy drug spend?
- Does your pharmacy benefit align with your corporate culture & goals?
- What rebates are you receiving today?
  - Administrative credit? Quarterly rebate checks?
- Results of annual check-up?
  - Was your pharmacy contract reviewed this year?
  - Are contractual guarantees being met?
  - Are you receiving annual pricing improvements?
  - Do you even have access to your contract & data?
- What will your medical carrier charge for a pharmacy carve-out?
- Pharmacy expertise & oversight?





# Pharmacy Contract Evaluation

|                        |  |                        |
|------------------------|--|------------------------|
| Admin Fees             | Exclusions                               | Retail 90              |
| AWP Discounts          | Clinical Programs                        | Spread Pricing         |
| Single-Source Generics | Biosimilars & Limited Distribution Drugs | Off-sets               |
| Compounds              | Data Integration                         | Specialty Rebates      |
| Dispensing Fees        | Repackaging                              | Pass-through           |
| Generic Drugs          | Market Checks                            | Admin Credit           |
| MAC Pricing            | Lessor-of Logic                          | Performance Guarantees |
| Usual & Customary      | Audit                                    | Member Communications  |
| Zero Balance Claims    | Mail Order                               | Utilization Management |



## Pharmacy Contract Evaluation



### Bulletproof your Contract

- ✓ Pharmacy Expertise
- ✓ Leverage
- ✓ Resources

# Pharmacy Contract Evaluation & Optics



- Best-in-class definitions of brand, generic, and Specialty medications
- All guarantees are measured and reconciled independently and reimbursed to the plan on a dollar-for-dollar basis, at the individual client level



- Definitions that give PBM control
  - "The term generic drug shall mean a multisource drug based on indicators from a single nationally recognized source **such as MediSpan** and as **reasonably determined by PBM** and available in **sufficient supply** from multiple FDA approved generic manufacturers of such drugs."
- Lacking guarantees (e.g. Specialty rebate, estimates)
- Offsets are allowed. A surplus in one category may offset a shortfall in another category

## Example of Optics: Which Would You Choose?



Generics with <3 manufacturers are excluded from generic guarantee and included in the brand guarantee



Single Source Generics are reconciled with generics

## Pharmacy Contract Evaluation: Example of Optics

Single Source Generics

AWP-30%



Brand Discount

Generic Discount

AWP-18%

AWP-80%

SSGs Added

SSGs Excluded



Inflated  
brand  
discounts



Inflated  
generic  
discounts

How is your PBM  
defining brands,  
generics, &  
specialty drugs?

PBMs may  
artificially inflate  
guarantees by  
reclassifying drugs

Deal 1 artificially inflates the brand discount performance by including SSGs (~AWP-30%) in the brand guarantee (~AWP-18%)



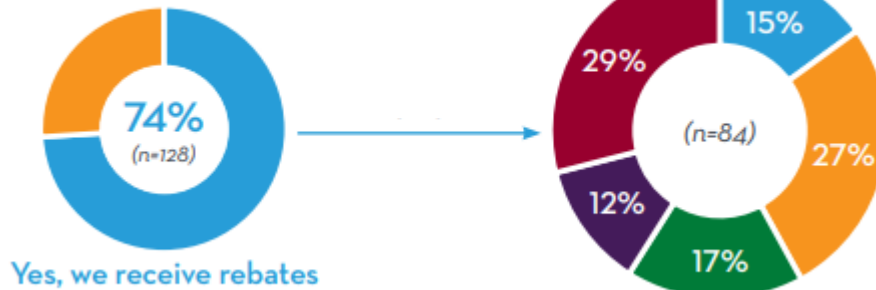
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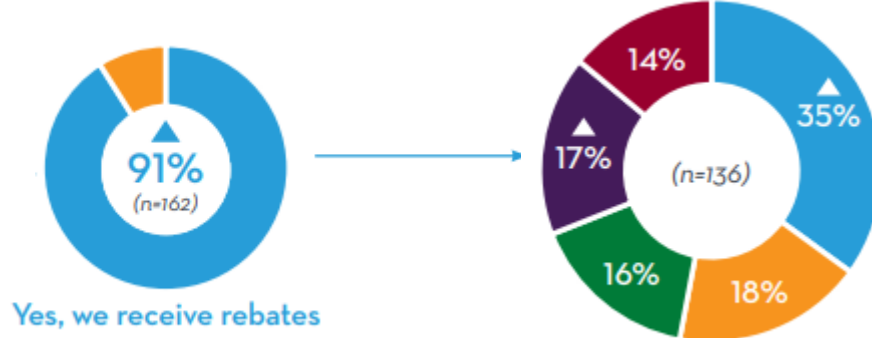
Single Source Generics are reconciled with generics

# Pharmacy Contract Evaluation: Rebate Arrangements

Employers ( $\leq 5,000$  lives)



Employers ( $> 5,000$  lives)



- Most employers receive rebates
  - At least for non-specialty drugs
- Most frequent arrangement is 100% rebate passthrough
  - May not include rebate admin fees or other concessions

■ 100% of rebates, minimum guarantee   
 ■ 100% of rebates, no guarantee   
 ■ Percentage share of rebates, no guarantee  
■ Percentage share of rebates, minimum guarantee   
 ■ Flat dollar guaranteed amount

# Financial Metrics should be Guaranteed & Client Specific

- Lockton was asked to review a pharmacy contract that another broker negotiated, supposedly a 'solid contract' with 100% rebates
- 'Estimated values' is written all over the agreement
  - No guarantees = no guaranteed financial performance

|                |  |               |           |           |
|----------------|--|---------------|-----------|-----------|
| Retail         | Based on the geographic distribution of membership - estimated values: |               |           |           |
|                | Retail 30 Brand  | AWP -         | 19.10%    | 19.10%    |
|                | Retail 30 Generic (MSG)  | AWP -         | 75.50%    | 79.00%    |
|                | Retail 30 Dispensing Fee Brand   |               | \$1.40    | \$1.40    |
|                | Retail 30 Dispensing Fee Generic                                       |               | \$1.40    | \$1.40    |
| Mail Order     | Home Delivery - estimated values:                                      |               |           |           |
|                | Home Delivery Brand Discount   | AWP -         | 23.00%    | 23.00%    |
|                | Home Delivery Generic Discount (MSG)                                   | AWP -         | 77.50%    | 81.00%    |
|                | Home Delivery Dispensing Fee   |               | \$0.00    | \$0.00    |
| Rebate Sharing | <u>For 2018 Rebate share is 100%.</u>                                  |               |           |           |
|                | Estimated Minimum  | Retail        | Per Brand | Per Brand |
|                |  |               | \$0.00    | \$68.78   |
|                | Estimated Minimum  | Retail 90     | Per Brand | Per Brand |
|                |  |               | \$0.00    | \$0.00    |
|                | Estimated Minimum  | Home Delivery | Per Brand | Per Brand |
|                |  |               | \$0.00    | \$438.43  |



# PBM Marketing Process

## Data Analysis

- Full year of your detailed claims data
- Do not assume shifts in drug utilization, or exercise caution with this approach

## Financial Comparison

- Request financial bids based on your goals, data, & current benefit
- Perform the reprice using an unbiased third party
- Perform disruption (formulary & pharmacy) analyses using an unbiased third party
- Recommend comparing minimum guarantees

## Contract Negotiations

- A contract is only as good as the sum of its parts!!!!
- If contract terms are negotiated after winner is selected, employer is at a disadvantage

## Other Considerations

- Comparison of communications, clinical programs, mail order, and specialty
- Member & client support
- Plan performance may over or under perform against a contract



Utilize an unbiased, third party

· Pharmacy Expertise · Leverage · Resources ·

# Pricing Reconciliation Audit

## Ensure Your Contractual Guarantees are Met

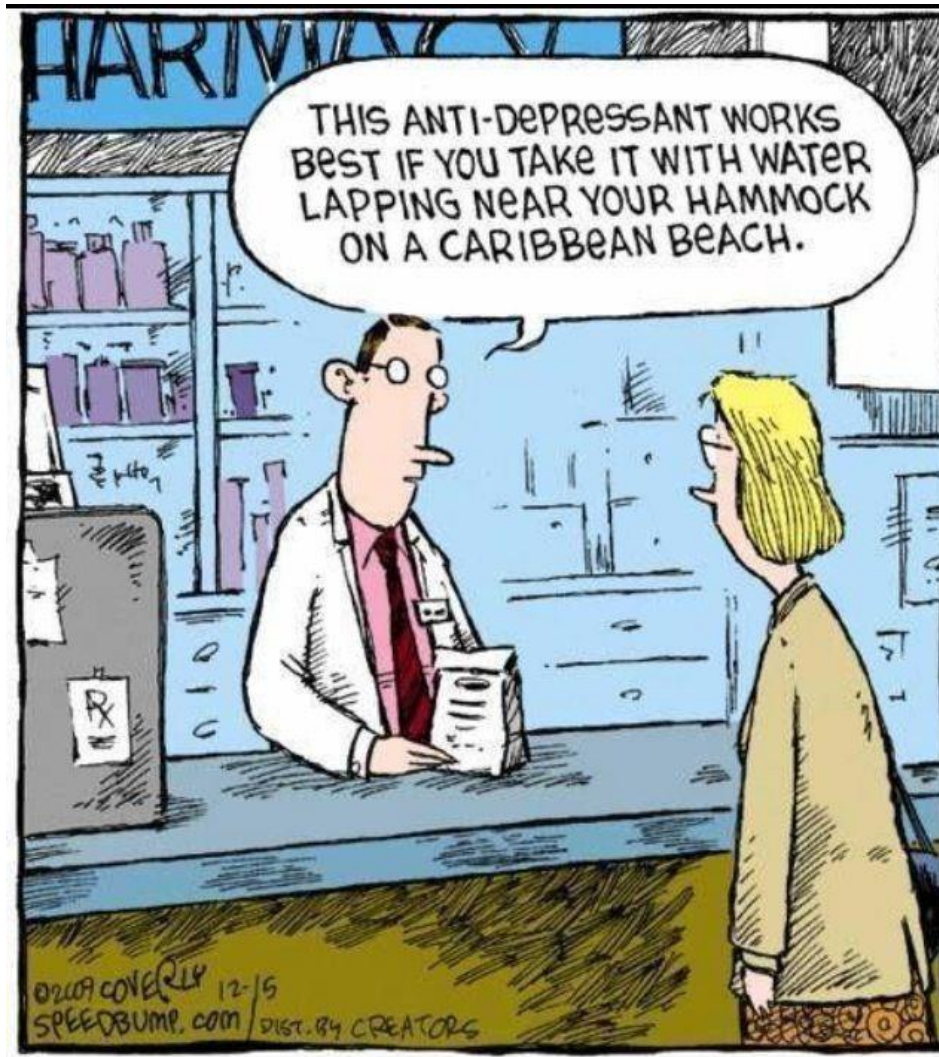
### Lockton Success Story

# \$146,191

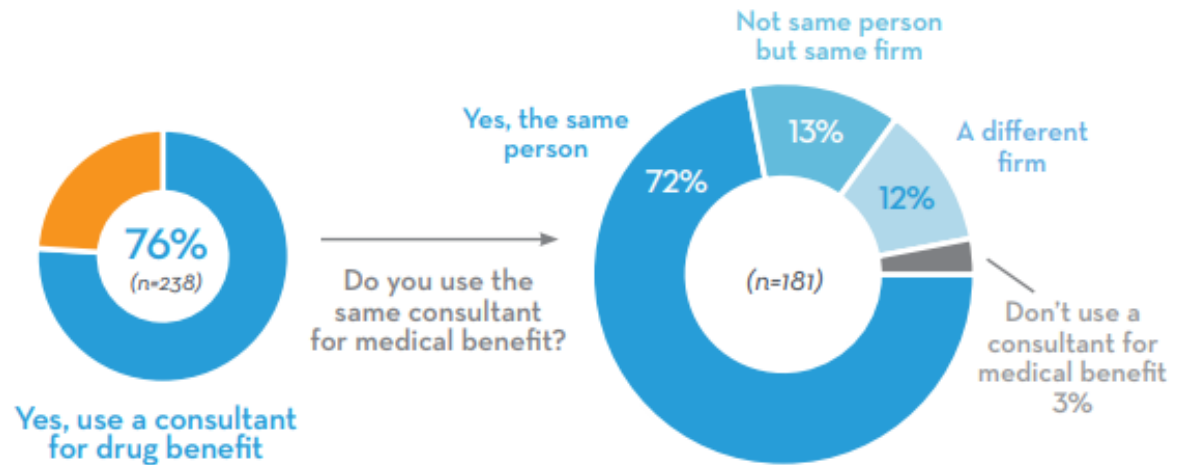
Pharmacy dollars recouped

- *6% of client's total 2017 Pharmacy Spend (\$2.4M) was recouped*
- *Carrier fell short of all discount guarantees*

- Lockton calculates discounts, dispensing fees, and rebates achieved for each specific channel based on contractual inclusions and exclusions
  - Each pharmacy claim is run through our proprietary pricing reconciliation tool
  - E.g. Retail Brand, Retail Generic, Retail Specialty
- Results are reviewed by Lockton pharmacy analysts and consultants
  - Ensure that each claim is categorized appropriately (e.g. a mail generic NDC is grouped for a mail generic discount, not a Brand or Retail generic discount)
- Lockton also requests that the PBM provide their own audit analysis
  - Allows us to determine whether both parties agree on whether a shortfall or surplus exists
  - Lockton completes our analysis first, compares findings, and handles the correspondence with PBM



# Consulting Landscape



1. Is your consultant biased? Do they own or operate a coalition?
2. Does your consultant have pharmacy expertise, leverage, & resources (analytical tools)?
  - Who completes RPF repricing & disruption analyses?

# Coalitions, Collectives, vs Direct Deals



21% purchased PBM services through a coalition or group purchasing organization<sup>1</sup>

1. No one size fits all
2. Group purchasing options can be great – or not
  - Coalition vs Collective vs Direct Deal
3. Employers need purchasing power, but they also need the right contract & pharmacy benefit for their organization

# What to Look for in a PBM Partner?

Designing the right strategy requires understanding each client's goals and culture, which involves a balance of savings and access

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Number of members on plan?

Drug mix?

Mix of Pharmacies?

Medical Vendor?

On-site Clinic? 340B?

Spanish or other language needs?

Geography?

Your culture & strategy?

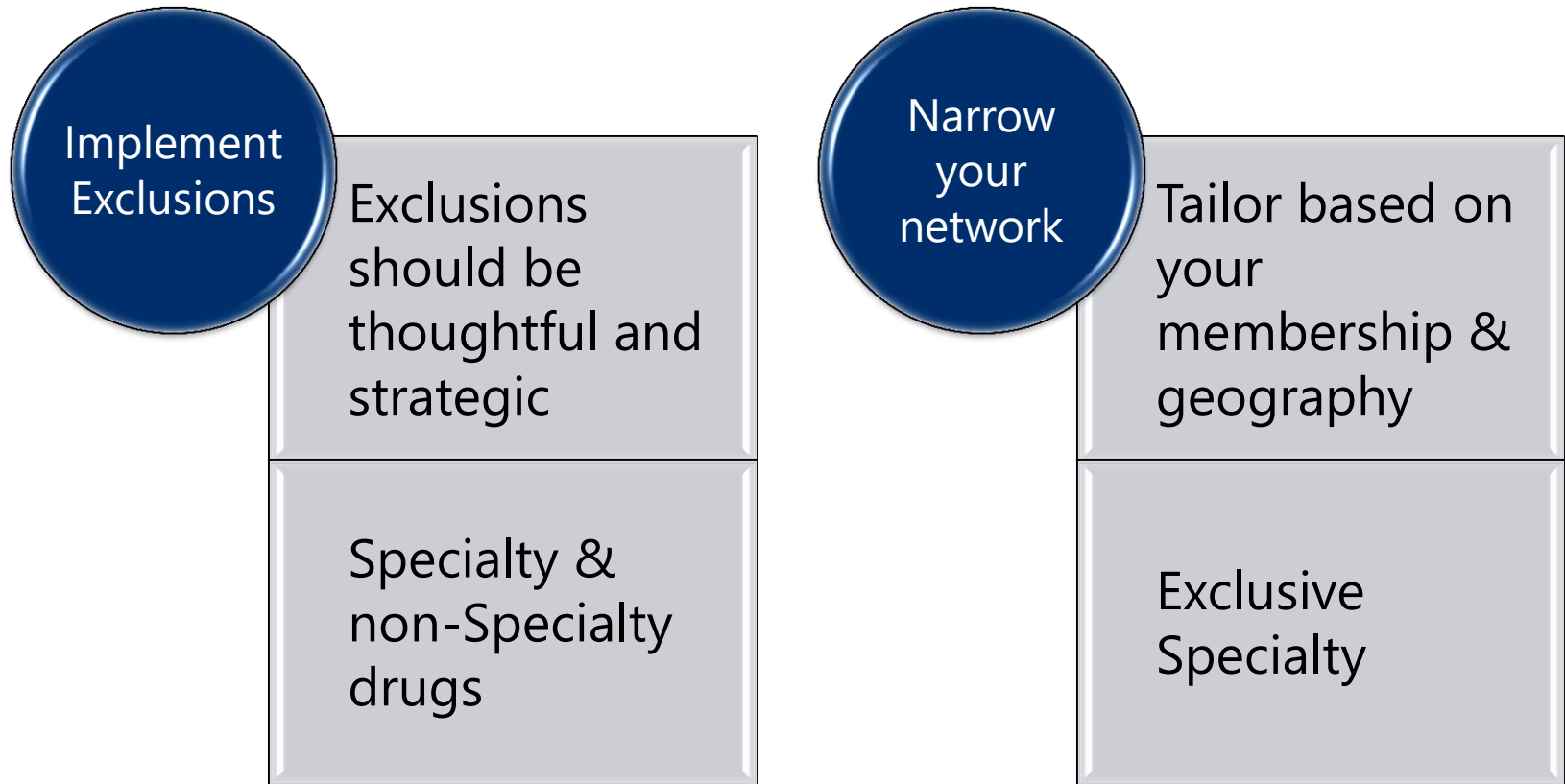
## Desired Outcomes

- *Ensure Pharmaceutical Care*
- *Provide Cost Savings & Value*
- *Understand Member Experience*

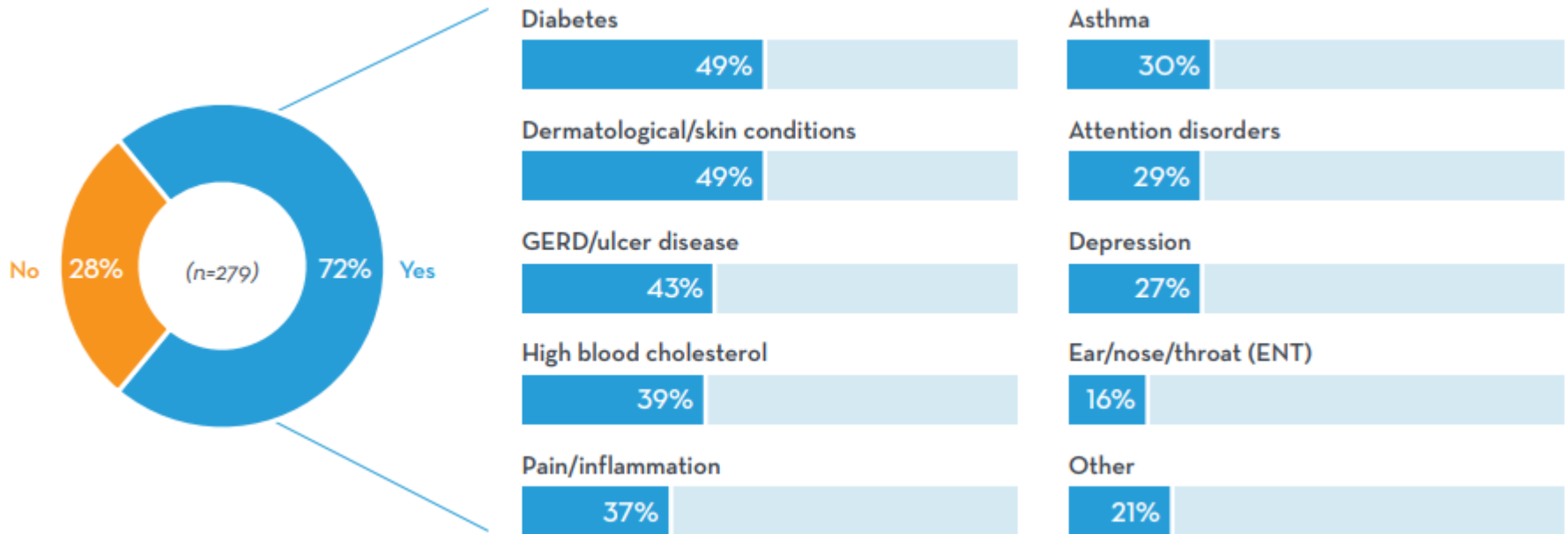




# What to Consider in your Plan Design?



# Cost Containment Tactic: Strategic Exclusions



- 72% use formulary exclusions to manage drug costs and support clinical decisions<sup>1</sup>
- 58% have at least 1 specialty exclusion<sup>2</sup>
  - #1 employer challenge is member dissatisfaction<sup>1,2</sup>



## Cost Containment Tactic: Strategic Exclusions



**\$2,979 (Vimovo®)**

or

**\$36 (naproxen +  
esomeprazole)**

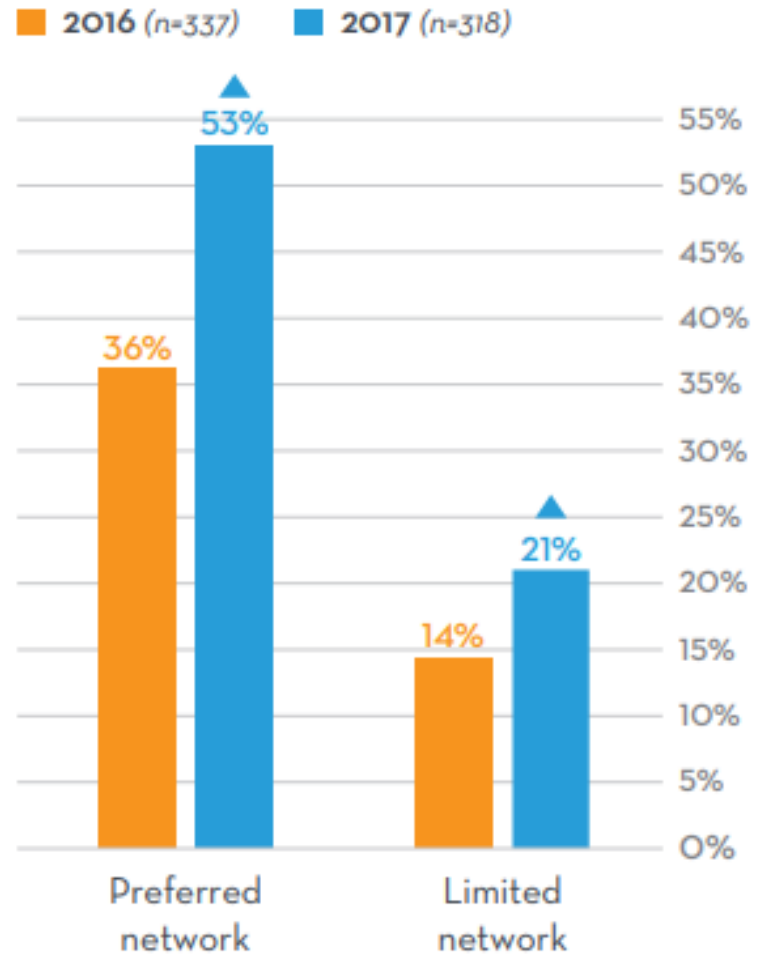
I would take the two medications from the drugstore in a heartbeat — therapeutically it makes sense....What you're paying for with [Vimovo] is the convenience. But it does seem awful pricey for that."

- Michael Fossler, pharmacist and clinical pharmacologist, chair ACCP's public-policy committee

## Cost Containment Tactic: Narrow your Network

Deeper discounts/dispensing fees are provided in exchange for increased volume

65% use a designated specialty pharmacy



1-2% of Americans  
take a Specialty medication

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Specialty drugs will account  
for 50% of total U.S. drug spend  
by 2020

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Spend your  
Pharmacy Dollars Wisely

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Meet Creed...

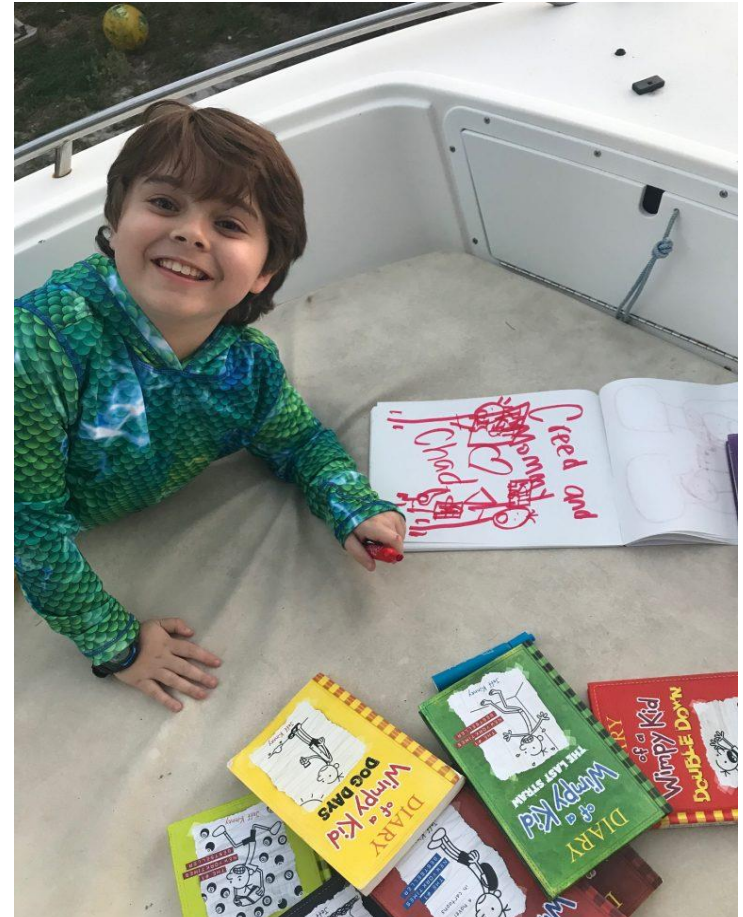
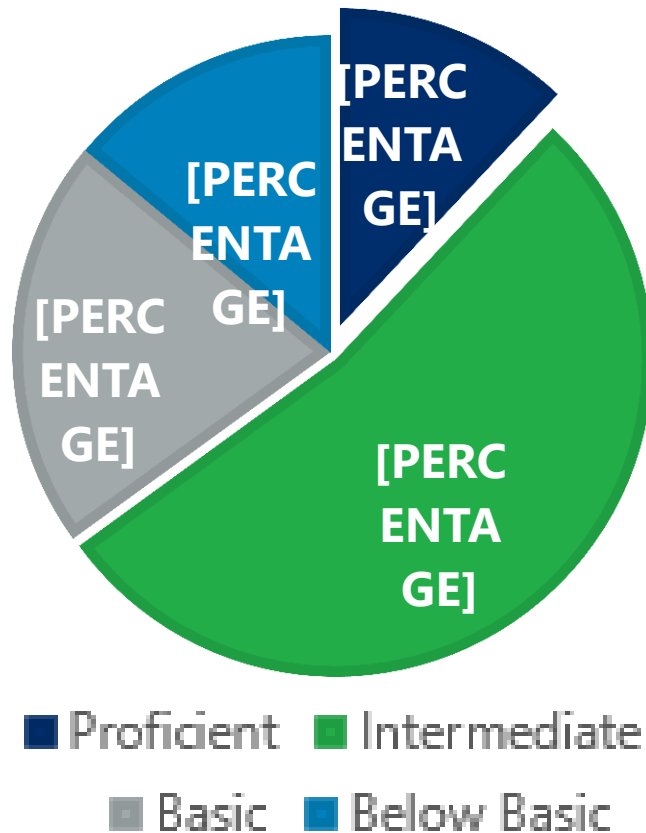


Image available at: <https://sofiasees.org/life-after-luxturna-now-he-can-see/>

# The U.S. has a Health Literacy Problem



**1/3** U.S. adults

would find following directions on a prescription drug label or adhering to an immunization schedule challenging

# Be Thoughtful & Strategic

- Patient experience & outcomes are critical
  - Does the Specialty pharmacy have specialists? (e.g. BCPS certified pharmacists, registered nurses)
- Request Pharmacy Network Mapping
- Request Formulary Impacts
- Get the details
  - Tools for prescribers?
  - Member letters? With specific drug alternatives?
  - Point-of-Sale reject messaging? With specific drug alternatives?
  - Timeline?
  - Phone calls or text messages? Automated or Live?
- Tailor your communication plan
  - Utilize internal resources & tools (e.g. newsletters, website)
  - Implementation credits
  - PBM templates or messaging
  - Option to utilize 3<sup>rd</sup> party vendors



# Key Messages

- Pharmacy is complex – some prefer to keep it that way
  - Choose your business partners wisely
- Employers need three things to purchase well
  - Pharmacy Expertise
  - Leverage
  - Resources
- Business partners & execution will make or break the benefit
  - Your goals and objectives
  - Balance savings and access
  - Be thoughtful & strategic
- Stakes are rising
  - Employers spend >20% of every health dollar on the pharmacy benefit
  - Employers must manage Specialty drug spend

**RISK MANAGEMENT • EMPLOYEE BENEFITS • RETIREMENT SERVICES**

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**Our Mission |** To be the worldwide value and service leader in insurance brokerage, risk management, employee benefits and retirement services

**Our Goal |** To be the best place to do business and to work

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